



## Ingredients

- 0.5 teaspoon pepper black freshly ground
- 4 ounces goat cheese fresh crumbled (goat cheese)
- 1 cup cup heavy whipping cream
- 2 teaspoons kosher salt
- 0.1 teaspoon nutmeg freshly grated
- 2 pounds baking potatoes peeled cut into 1/8-inch-thick slices
- 1 tablespoon butter unsalted plus more for coating the dish cut into 6 pieces,
  - 1 cup milk whole

# Equipment

sauce pan
oven
knife
baking pan
slotted spoon

## Directions

Heat the oven to 350°F and arrange a rack in the upper third. Coat an 8-by-8-inch baking
dish with butter; set aside.

Place the potatoes, cream, milk, salt, pepper, and nutmeg in a large saucepan over medium heat and bring to a gentle boil. While the mixture heats up, gently fold the potatoes from time to time. (It should take about 15 minutes for the potato mixture to reach a gentle boil.)

Remove the saucepan from heat.Using a slotted spoon, transfer half of the potatoes to the prepared baking dish and arrange them in an even layer.

Sprinkle with half of the chèvre. Repeat with the remaining potatoes and chèvre. Slowly pour all of the warm cream mixture over the potatoes. Scatter the butter pieces on top.

Bake until the potatoes are tender when pierced with the tip of a knife and the top is golden brown and bubbly, about 45 to 50 minutes.

Remove from the oven and let sit for at least 10 minutes before serving.

### **Nutrition Facts**

PROTEIN 10.45% 📕 FAT 55.08% 📕 CARBS 34.47%

### **Properties**

Glycemic Index:37.46, Glycemic Load:22.24, Inflammation Score:-6, Nutrition Score:10.947391261225%

#### Nutrients (% of daily need)

Calories: 345.97kcal (17.3%), Fat: 21.64g (33.29%), Saturated Fat: 13.89g (86.78%), Carbohydrates: 30.48g (10.16%), Net Carbohydrates: 28.46g (10.35%), Sugar: 4.23g (4.7%), Cholesterol: 63.41mg (21.14%), Sodium: 878.73mg (38.21%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 9.24g (18.47%), Vitamin B6: 0.61mg (30.41%),

Potassium: 737.17mg (21.06%), Phosphorus: 196.53mg (19.65%), Vitamin A: 904.99lU (18.1%), Copper: 0.3mg (15.12%), Vitamin B2: 0.25mg (14.91%), Manganese: 0.28mg (14.14%), Calcium: 124.17mg (12.42%), Magnesium: 45.88mg (11.47%), Vitamin B1: 0.17mg (11.22%), Vitamin C: 8.86mg (10.74%), Iron: 1.72mg (9.58%), Vitamin B3: 1.72mg (8.59%), Vitamin B5: 0.84mg (8.41%), Fiber: 2.02g (8.07%), Vitamin D: 1.19µg (7.95%), Folate: 25.15µg (6.29%), Zinc: 0.88mg (5.88%), Vitamin B12: 0.32µg (5.38%), Vitamin K: 4.89µg (4.66%), Selenium: 3.13µg (4.47%), Vitamin E: 0.49mg (3.27%)