

# Potato Gratin with Porcini Mushrooms and Mascarpone Cheese, from 'Bon Appétit

**Gluten Free** 







SIDE DISH

## **Ingredients**

2 tablespoons butter ()
4 ounces the following: parmesan rind) dried
3 garlic clove chopped
1.5 cups mascarpone cheese (from)
1 pinch nutmeg freshly grated
2 tablespoons olive oil extra virgin extra-virgin
0.3 cup parmesan cheese grated

	2.5 pounds baking potatoes peeled (5 large)	
Ш	1 cup water boiling	
	1 cup whipping cream	
Fa	uipment	
<u>-</u> 4		
Ш	bowl	
Ш	frying pan	
	baking sheet	
	oven	
	whisk	
	baking pan	
	aluminum foil	
Directions		
	Place porcini and 1 cup boiling water in medium bowl.	
	Place small bowl atop mushrooms to keep submerged.	
	Let soak 20 minutes.	
	Drain and coarsely chop mushrooms.	
	Melt butter with oil in medium skillet over medium heat.	
	Add mushrooms and sauté until beginning to brown, about 3 minutes.	
	Sprinkle with salt and pepper.	
	Remove from heat.	
	Whisk 1/4 cup Parmesan and next 4 ingredients in small bowl; season with salt and pepper.	
	Do ahead: Mushrooms and cheese mixture can be prepared 1 day ahead. Cover separately and chill.	
	Preheat oven to 325°F. Butter wide shallow 2-quart baking dish. Arrange 1/4 of potato slices in bottom of dish.	
	Sprinkle lightly with salt and pepper. Scatter 1/4 of mushrooms over. Repeat.	

Nutrition Facts		
Let	stand at room temperature. Tent loosely with foil and rewarm in 300°F oven 20 minutes.	
Do a	ahead: Can be made 2 hours ahead.	
Let	gratin rest 15 minutes before serving.	
Bake	e gratin until top is brown and sauce is bubbling at edges, about 1 hour 15 minutes.	
Plac	ce gratin dish on rimmed baking sheet.	
Spri	inkle 2 tablespoons Parmesan over.	
	ead half of cheese mixture over, shaking dish to settle. Repeat with remaining potatoesand shrooms in 2 layers each; spread remaining cheese mixture over.	

PROTEIN 7% FAT 63.56% CARBS 29.44%

#### **Properties**

Glycemic Index:23.48, Glycemic Load:16.22, Inflammation Score:-6, Nutrition Score:12.525217377621%

#### **Flavonoids**

Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

### Nutrients (% of daily need)

Calories: 413.16kcal (20.66%), Fat: 29.79g (45.84%), Saturated Fat: 17.22g (107.62%), Carbohydrates: 31.05g (10.35%), Net Carbohydrates: 28.23g (10.27%), Sugar: 1.69g (1.88%), Cholesterol: 68.84mg (22.95%), Sodium: 95.29mg (4.14%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 7.38g (14.76%), Copper: 0.71mg (35.68%), Vitamin B5: 2.9mg (29%), Vitamin B6: 0.52mg (26.12%), Potassium: 678.69mg (19.39%), Vitamin A: 915.27IU (18.31%), Manganese: 0.33mg (16.59%), Vitamin B3: 2.8mg (13.99%), Vitamin B2: 0.24mg (13.93%), Phosphorus: 127.62mg (12.76%), Fiber: 2.82g (11.27%), Magnesium: 44.29mg (11.07%), Selenium: 7.43µg (10.61%), Calcium: 104.27mg (10.43%), Zinc: 1.38mg (9.2%), Vitamin B1: 0.13mg (8.98%), Folate: 35.65µg (8.91%), Vitamin C: 7.29mg (8.83%), Iron: 1.24mg (6.89%), Vitamin D: 0.84μg (5.57%), Vitamin E: 0.71mg (4.75%), Vitamin K: 4.74μg (4.52%), Vitamin B12: 0.08µg (1.28%)