

# **Potato Salad Stacks**

Vegetarian (\*\*) Gluten Free (\*\*) Dairy Free

READY IN

SERVINGS

TOTAL

calories ô
190 kcal

SIDE DISH

8

### Ingredients

75 min.

0.3 cup mayonnaise

1 teaspoon chives minced plus more for garnish
1 teaspoon dijon mustard
1.5 teaspoons dill pickle liquid from jar
2 tablespoons dill pickle finely chopped
6 large eggs
1 teaspoon optional: dill fresh minced plus more for garnish
1 tsp kosher salt

	1 tablespoon olive oil
	0.3 tsp pepper
	1.5 tablespoons onion red minced
	1 pinch sugar
	1.3 pounds yukon gold potatoes
Equipment	
	bowl
	frying pan
	grill
	tongs
Directions	
	Put unpeeled potatoes and eggs in separate medium saucepans with water to cover.
	Add 1 tsp. salt to potatoes. Cover pans, bring to a boil over high heat, then reduce heat; simmer eggs for 10 minutes and simmer potatoes until just tender, about 10 minutes.
	Drain pans, then fill with cold water to cool potatoes and eggs.
	Peel eggs and slice crosswise about 1/4 in. thick. Slice potatoes crosswise just a little thicker. Save egg and potato ends for another use and set remaining eggs aside. Set potatoes on a rimmed pan and brush on both sides with oil. Preheat grill to medium (350 to 450).
	Stir mayonnaise, pickle, pickle liquid, onion, mustard, 1 tsp. each chives and dill, 1/4 tsp. pepper, and sugar in a bowl to blend. Chill dressing until used.
	Grill potatoes until browned and crisp, turning once with tongs, 7 to 9 minutes.
	Transfer to a large platter and let cool to room temperature.
	Top each potato with about 1/2 tsp. dressing, then an egg slice and a little more dressing. Save any leftover dressing for another use.
	Sprinkle potatoes with more chopped herbs, then with salt and pepper to taste.
	Make ahead: Through step 3, chilled separately, up to 1 day.

# **Nutrition Facts**

### **Properties**

Glycemic Index:44.36, Glycemic Load:9.23, Inflammation Score:-3, Nutrition Score:8.1256521059119%

#### **Flavonoids**

Isorhamnetin: O.11mg, Isorhamnetin: O.11mg, Isorhamnetin: O.11mg, Isorhamnetin: O.11mg Kaempferol: O.59mg, Kaempferol: O.59mg, Kaempferol: O.59mg, Quercetin: O.89mg, Quercetin: O.89mg, Quercetin: O.89mg, Quercetin: O.89mg

#### **Nutrients** (% of daily need)

Calories: 189.5kcal (9.48%), Fat: 12.41g (19.09%), Saturated Fat: 2.53g (15.83%), Carbohydrates: 13.18g (4.39%), Net Carbohydrates: 11.49g (4.18%), Sugar: 1.02g (1.13%), Cholesterol: 143.42mg (47.81%), Sodium: 451.8mg (19.64%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 6.33g (12.65%), Vitamin K: 18.89µg (17.99%), Selenium: 12.17µg (17.38%), Vitamin C: 14.28mg (17.31%), Vitamin B6: 0.28mg (13.91%), Phosphorus: 118.75mg (11.87%), Vitamin B2: 0.2mg (11.75%), Potassium: 362.22mg (10.35%), Vitamin B5: 0.81mg (8.09%), Folate: 30.36µg (7.59%), Iron: 1.27mg (7.08%), Manganese: 0.14mg (6.81%), Fiber: 1.68g (6.73%), Vitamin E: 0.97mg (6.45%), Vitamin B12: 0.34µg (5.75%), Magnesium: 21.88mg (5.47%), Copper: 0.11mg (5.45%), Vitamin B1: 0.08mg (5.13%), Vitamin D: 0.77µg (5.12%), Zinc: 0.72mg (4.79%), Vitamin A: 225.67IU (4.51%), Vitamin B3: 0.79mg (3.94%), Calcium: 34.19mg (3.42%)