



Potato Salad With Bacon, Olives, and Radishes

 Gluten Free  Dairy Free

READY IN



105 min.

SERVINGS



6

CALORIES



531 kcal

SIDE DISH

Ingredients

- 1 pound bacon
- 2 stalks celery
- 4 small green onions
- 1 tablespoon juice of lemon
- 0.3 cup mayonnaise
- 12 stuffed olives green
- 5 potatoes

5 radishes

Equipment

bowl

frying pan

pot

Directions

- Wash and peel the potatoes and cut into 1/2 to 3/4 inch pieces. Bring a large pot of salted water to a boil.
- Add the potatoes and cook until tender but still firm, about 10 minutes.
- Slice the bacon into small pieces and cook over medium high heat in a large, deep skillet until evenly brown. Do not overcook.
- Chop the celery, green onions, stuffed olives and radishes into small pieces and put into a large bowl.
- Add the potatoes and bacon and mix together.
- Add the mayonnaise and lemon juice to taste, stir, and place in the refrigerator for a few hours to chill before serving. You may want to add a few sliced hard boiled eggs on top.
ENJOY!!!

Nutrition Facts

 **PROTEIN 10.12%**  **FAT 64.9%**  **CARBS 24.98%**

Properties

Glycemic Index:38.29, Glycemic Load:22.85, Inflammation Score:-5, Nutrition Score:15.664782493011%

Flavonoids

Pelargonidin: 2.1mg, Pelargonidin: 2.1mg, Pelargonidin: 2.1mg, Pelargonidin: 2.1mg Eriodictyol: 0.12mg, Eriodictyol: 0.12mg, Eriodictyol: 0.12mg, Eriodictyol: 0.12mg Hesperetin: 0.36mg, Hesperetin: 0.36mg, Hesperetin: 0.36mg, Hesperetin: 0.36mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg Apigenin: 0.38mg, Apigenin: 0.38mg, Apigenin: 0.38mg, Apigenin: 0.38mg Luteolin: 0.18mg, Luteolin: 0.18mg, Luteolin: 0.18mg, Luteolin: 0.18mg Kaempferol: 1.52mg, Kaempferol: 1.52mg, Kaempferol: 1.52mg, Kaempferol: 1.52mg Quercetin: 1.66mg, Quercetin: 1.66mg, Quercetin: 1.66mg, Quercetin: 1.66mg

Nutrients (% of daily need)

Calories: 531.01kcal (26.55%), Fat: 38.41g (59.09%), Saturated Fat: 11.36g (71.01%), Carbohydrates: 33.26g (11.09%), Net Carbohydrates: 28.73g (10.45%), Sugar: 1.86g (2.07%), Cholesterol: 53.82mg (17.94%), Sodium: 707.71mg (30.77%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 13.48g (26.96%), Vitamin C: 37.47mg (45.42%), Vitamin B6: 0.74mg (37.17%), Vitamin K: 29.55µg (28.14%), Potassium: 956.4mg (27.33%), Vitamin B3: 5mg (25.01%), Vitamin B1: 0.36mg (23.93%), Selenium: 16.11µg (23.01%), Phosphorus: 217.62mg (21.76%), Fiber: 4.53g (18.12%), Manganese: 0.3mg (15.11%), Magnesium: 53.49mg (13.37%), Copper: 0.24mg (12.22%), Iron: 1.84mg (10.24%), Vitamin B5: 1.01mg (10.07%), Zinc: 1.46mg (9.77%), Folate: 37.37µg (9.34%), Vitamin B2: 0.13mg (7.78%), Vitamin E: 1.01mg (6.75%), Vitamin B12: 0.39µg (6.49%), Calcium: 38.7mg (3.87%), Vitamin A: 162.51IU (3.25%), Vitamin D: 0.32µg (2.14%)