



Poured Fondant



Vegetarian



Gluten Free

READY IN



15 min.

SERVINGS



15

CALORIES



399 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 teaspoon almond extract
- ☐ 0.5 cup plus light
- ☐ 2 teaspoons icing color white
- ☐ 1 cup milk
- ☐ 3 pounds powdered sugar
- ☐ 2 teaspoons clear vanilla extract

Equipment

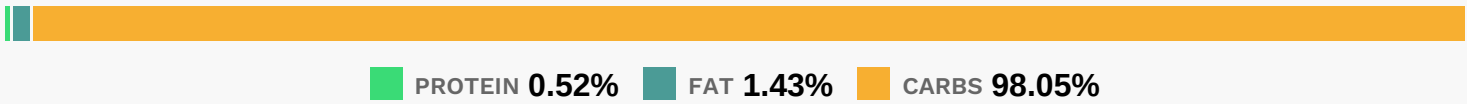
- ☐ sauce pan

☐ candy thermometer

Directions

- ☐ Combine all ingredients in a medium saucepan. Cook over low heat, stirring often, until a candy thermometer reaches 105 (do not overheat). Use immediately.
- ☐ Note: For testing purposes only, we used Wilton White-White Icing Color.
- ☐ Make sure the
- ☐ Poured Fondant is warm when you pour it onto the cake. White icing color keeps the fondant from looking transparent.
- ☐ If desired, use food coloring paste to tint the fondant for the small cakes.
- ☐ Cake-decorating supplies can be found at crafts stores, specialty cake shops, larger discount stores, and online at Sweet Celebrations (www.sweetc.com) or Wilton (www.wilton.com).

Nutrition Facts



Properties

Glycemic Index:6.67, Glycemic Load:2.14, Inflammation Score:1, Nutrition Score:0.72086956910789%

Nutrients (% of daily need)

Calories: 399.49kcal (19.97%), Fat: 0.65g (1%), Saturated Fat: 0.32g (2.01%), Carbohydrates: 100.56g (33.52%), Net Carbohydrates: 100.56g (36.57%), Sugar: 98.73g (109.7%), Cholesterol: 1.95mg (0.65%), Sodium: 16.31mg (0.71%), Alcohol: 0.23g (100%), Alcohol %: 0.24% (100%), Protein: 0.53g (1.07%), Vitamin B2: 0.04mg (2.49%), Calcium: 22.49mg (2.25%), Phosphorus: 16.59mg (1.66%), Vitamin B12: 0.09µg (1.46%), Selenium: 0.93µg (1.33%), Vitamin D: 0.18µg (1.19%), Vitamin B1: 0.02mg (1.06%)