



Powdered Sugar Glaze



Vegetarian



Gluten Free

READY IN



45 min.

SERVINGS



2

CALORIES



241 kcal

SIDE DISH

Ingredients



1 tablespoon milk



1 cup powdered sugar sifted



0.5 teaspoon vanilla extract

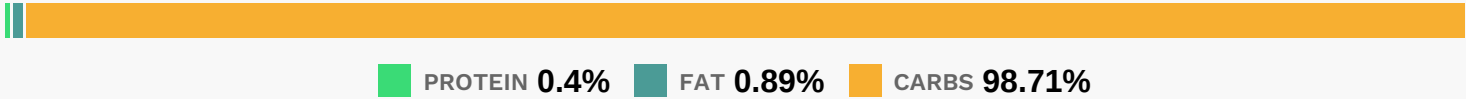
Equipment

Directions



Combine all ingredients; mix well.

Nutrition Facts



Properties

Glycemic Index:19, Glycemic Load:0.13, Inflammation Score:1, Nutrition Score:0.33956522000549%

Nutrients (% of daily need)

Calories: 240.78kcal (12.04%), Fat: 0.24g (0.37%), Saturated Fat: 0.14g (0.87%), Carbohydrates: 60.36g (20.12%), Net Carbohydrates: 60.36g (21.95%), Sugar: 59.17g (65.74%), Cholesterol: 0.9mg (0.3%), Sodium: 4.14mg (0.18%), Alcohol: 0.34g (100%), Alcohol %: 0.64% (100%), Protein: 0.25g (0.49%), Vitamin B2: 0.02mg (1.34%)