



Praline Butter Cookies

READY IN



45 min.

SERVINGS



48

CALORIES



88 kcal

DESSERT

Ingredients

- ☐ 1 cup butter
- ☐ 2 egg yolks
- ☐ 2 cups flour all-purpose
- ☐ 2 tablespoons praline liqueur
- ☐ 1 cup pecan halves
- ☐ 0.3 teaspoon salt
- ☐ 0.5 teaspoon vanilla extract
- ☐ 1 cup sugar white

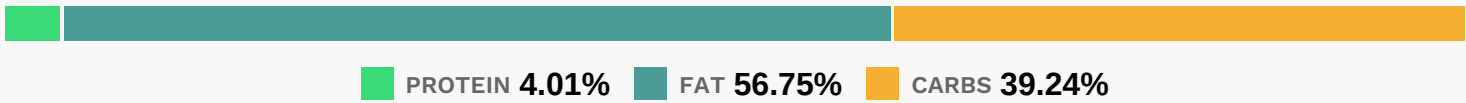
Equipment

- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Cream butter; gradually add sugar, beating well at medium speed of an electric mixer.
- ☐ Add egg yolks, one at a time, beating after each addition. Stir in vanilla and praline liqueur.
- ☐ Combine flour, baking powder, and salt; gradually add to creamed mixture, mixing well. Shape dough into 1 inch balls; place 2 inches apart on ungreased cookie sheets.
- ☐ Press a pecan half into center of each cookie.
- ☐ Bake at 300 degrees F (150 degrees C) for 20 minutes or until lightly browned. Cool on wire racks.

Nutrition Facts



Properties

Glycemic Index:4.27, Glycemic Load:5.79, Inflammation Score:-1, Nutrition Score:1.5269564998377%

Flavonoids

Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg Delphinidin: 0.15mg, Delphinidin: 0.15mg, Delphinidin: 0.15mg, Delphinidin: 0.15mg Catechin: 0.15mg, Catechin: 0.15mg, Catechin: 0.15mg, Catechin: 0.15mg Epigallocatechin: 0.12mg, Epigallocatechin: 0.12mg, Epigallocatechin: 0.12mg, Epigallocatechin: 0.12mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg

Nutrients (% of daily need)

Calories: 87.96kcal (4.4%), Fat: 5.58g (8.59%), Saturated Fat: 2.64g (16.49%), Carbohydrates: 8.69g (2.9%), Net Carbohydrates: 8.35g (3.04%), Sugar: 4.51g (5.01%), Cholesterol: 18.27mg (6.09%), Sodium: 43.03mg (1.87%), Alcohol: 0.26g (100%), Alcohol %: 1.89% (100%), Protein: 0.89g (1.77%), Manganese: 0.13mg (6.45%), Vitamin B1: 0.06mg (3.74%), Selenium: 2.34µg (3.34%), Folate: 11.22µg (2.81%), Vitamin A: 130.15IU (2.6%), Vitamin B2: 0.03mg

(2.05%), Iron: 0.32mg (1.76%), Vitamin B3: 0.33mg (1.67%), Copper: 0.03mg (1.66%), Phosphorus: 15.4mg (1.54%),
Fiber: 0.34g (1.35%), Vitamin E: 0.16mg (1.07%), Zinc: 0.15mg (1.01%)