



## Praline Topping

 Vegetarian  Gluten Free

READY IN



20 min.

SERVINGS



15

CALORIES



133 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- 1 cup firmly brown sugar packed
- 0.3 cup butter
- 1 cup powdered sugar sifted
- 1 teaspoon vanilla extract
- 0.3 cup whipping cream



## Equipment

- sauce pan
- whisk

## Directions

- Bring first 3 ingredients to a boil in a 1-qt. saucepan over medium heat, stirring often. Boil, stirring occasionally, 1 minute; remove from heat. Gradually whisk in powdered sugar and vanilla until smooth.
- Let stand 5 minutes, whisking occasionally. Use immediately.

## Nutrition Facts

 **PROTEIN 0.59%**  **FAT 32.98%**  **CARBS 66.43%**

## Properties

Glycemic Index:3.33, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.56956521842791%

## Nutrients (% of daily need)

Calories: 132.73kcal (6.64%), Fat: 4.98g (7.66%), Saturated Fat: 3.16g (19.76%), Carbohydrates: 22.56g (7.52%), Net Carbohydrates: 22.56g (8.2%), Sugar: 22.24g (24.71%), Cholesterol: 14.11mg (4.7%), Sodium: 30.05mg (1.31%), Alcohol: 0.09g (100%), Alcohol %: 0.36% (100%), Protein: 0.2g (0.4%), Vitamin A: 172.29IU (3.45%), Calcium: 16.68mg (1.67%)