



Prego® Easy Party Lasagna

READY IN

ready

105 min.

SERVINGS

servings

12

CALORIES

calories

398 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- ☐ 12 lasagna noodles uncooked
- ☐ 4 pounds mushroom sauce fresh italian traditional prego®
- ☐ 0.5 cup parmesan cheese grated
- ☐ 32 ounce ricotta cheese
- ☐ 4 cups mozzarella cheese shredded

Equipment

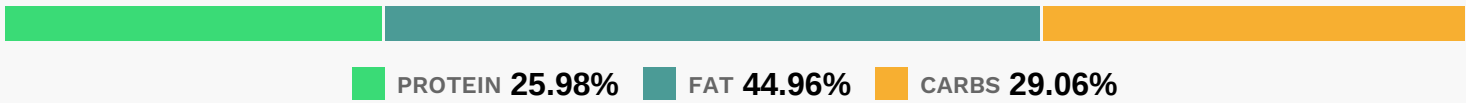
- ☐ frying pan
- ☐ oven

☐ aluminum foil

Directions

- ☐ Spread about 2 cups sauce in a 13 1/2 x 9 1/2 x 3-inch disposable foil pan. Top with 6 lasagna noodles, the ricotta cheese, 2 cups mozzarella cheese, the Parmesan cheese and about 2 cups sauce. Top with the remaining lasagna noodles and sauce. Cover the pan.
- ☐ Bake at 375 degrees F for 1 hour 30 minutes or until the noodles are tender. Uncover and top with the remaining mozzarella cheese.
- ☐ Let stand for 10 minutes.

Nutrition Facts



Properties

Glycemic Index:10.67, Glycemic Load:10.34, Inflammation Score:-6, Nutrition Score:20.096521802571%

Nutrients (% of daily need)

Calories: 398.23kcal (19.91%), Fat: 20.26g (31.17%), Saturated Fat: 11.98g (74.87%), Carbohydrates: 29.47g (9.82%), Net Carbohydrates: 27.06g (9.84%), Sugar: 4.33g (4.81%), Cholesterol: 71.67mg (23.89%), Sodium: 379.74mg (16.51%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 26.35g (52.69%), Selenium: 50.52µg (72.18%), Vitamin B2: 0.89mg (52.47%), Phosphorus: 460.97mg (46.1%), Calcium: 392.27mg (39.23%), Vitamin B3: 6.05mg (30.27%), Copper: 0.58mg (29.17%), Vitamin B5: 2.61mg (26.11%), Zinc: 3.33mg (22.19%), Vitamin B12: 1.23µg (20.42%), Potassium: 658.67mg (18.82%), Manganese: 0.35mg (17.36%), Vitamin A: 624.83IU (12.5%), Vitamin B6: 0.25mg (12.34%), Magnesium: 45.69mg (11.42%), Vitamin B1: 0.17mg (11.32%), Folate: 42.68µg (10.67%), Fiber: 2.41g (9.63%), Iron: 1.59mg (8.83%), Vitamin D: 0.62µg (4.16%), Vitamin C: 3.18mg (3.85%), Vitamin K: 1.79µg (1.7%), Vitamin E: 0.22mg (1.48%)