



Premier White Brownies

 Vegetarian

READY IN



52 min.

SERVINGS



16

CALORIES



183 kcal

DESSERT

Ingredients

- ☐ 0.1 teaspoon almond extract
- ☐ 0.3 cup almonds sliced
- ☐ 6 ounce bars nestle® toll house® premier baking chocolate white
- ☐ 0.5 teaspoon double-acting baking powder
- ☐ 0.3 cup butter cooled melted
- ☐ 2 large eggs
- ☐ 1.5 cups flour all-purpose
- ☐ 0.8 cup granulated sugar

- ☐ 0.3 teaspoon salt
- ☐ 2 tablespoons water

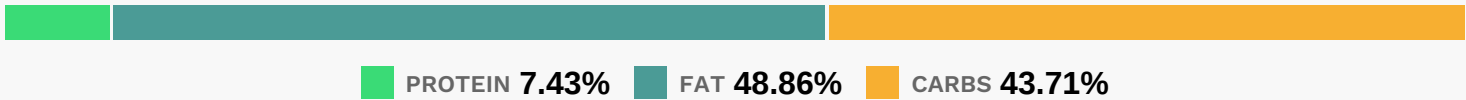
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ wire rack
- ☐ baking pan
- ☐ microwave

Directions

- ☐ MICROWAVE baking bars in medium, microwave-safe bowl on MEDIUM-HIGH (70%) power for 1 minute; stir. Microwave at additional 10- to 20-second intervals, stirring until smooth. Cool to room temperature.
- ☐ COMBINE flour, baking powder and salt in small bowl.
- ☐ COMBINE sugar, eggs, water and almond extract in large bowl.
- ☐ Add melted baking bars and butter; stir until smooth. Gradually add flour mixture.
- ☐ Pour into greased 9 x 9-inch baking pan.
- ☐ Sprinkle almonds on top.
- ☐ BAKE in preheated 350 degrees F. oven for 25 to 30 minutes or until wooden pick inserted in center comes out clean. Cool completely in pan on wire rack.

Nutrition Facts



Properties

Glycemic Index:18.57, Glycemic Load:13.06, Inflammation Score:-4, Nutrition Score:6.6121738760368%

Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Catechin: 6.86mg, Catechin: 6.86mg, Catechin: 6.86mg, Catechin: 6.86mg Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg Epicatechin: 15.09mg, Epicatechin: 15.09mg, Epicatechin: 15.09mg, Epicatechin: 15.09mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 183.34kcal (9.17%), Fat: 10.85g (16.7%), Saturated Fat: 6.14g (38.37%), Carbohydrates: 21.85g (7.28%), Net Carbohydrates: 19.59g (7.12%), Sugar: 9.58g (10.64%), Cholesterol: 33.42mg (11.14%), Sodium: 91.86mg (3.99%), Alcohol: 0.01g (100%), Alcohol %: 0.03% (100%), Caffeine: 8.5mg (2.83%), Protein: 3.71g (7.43%), Manganese: 0.56mg (27.9%), Copper: 0.38mg (19.05%), Iron: 2.58mg (14.31%), Magnesium: 42.12mg (10.53%), Selenium: 6.92µg (9.88%), Fiber: 2.26g (9.04%), Zinc: 1.24mg (8.25%), Phosphorus: 78.35mg (7.83%), Vitamin B1: 0.11mg (7.55%), Folate: 28.13µg (7.03%), Vitamin B2: 0.12mg (6.88%), Vitamin B3: 0.89mg (4.47%), Vitamin E: 0.59mg (3.95%), Potassium: 121.34mg (3.47%), Vitamin A: 151.95IU (3.04%), Calcium: 28.52mg (2.85%), Vitamin B5: 0.18mg (1.77%), Vitamin K: 1.42µg (1.35%), Vitamin B12: 0.06µg (1.06%), Vitamin B6: 0.02mg (1.04%)