



Premium Tres Leches Cake

 Popular

READY IN



115 min.

SERVINGS



15

CALORIES



443 kcal

DESSERT

Ingredients

- ☐ 4 eggs
- ☐ 1 cup evaporated milk whole
- ☐ 1 container fluffy frosting white betty crocker®
- ☐ 14 oz condensed milk sweetened canned (not evaporated)
- ☐ 2 teaspoons vanilla
- ☐ 1 tablespoon vegetable oil
- ☐ 1.3 cups water
- ☐ 1 cup whipping cream

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1 box cake mix yellow betty crocker® supermoist®

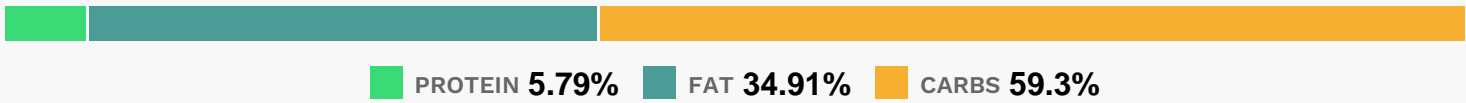
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pan). Grease and flour or spray bottom and sides of 13x9-inch pan.
- ☐ In large bowl, beat cake mix, water, oil, vanilla and eggs with electric mixer on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally.
- ☐ Pour into pan.
- ☐ Bake as directed on box for 13x9-inch pan.
- ☐ Let stand 5 minutes. Poke top of hot cake every 1/2 inch with long-tined fork, wiping fork occasionally to reduce sticking.
- ☐ In large bowl, stir together sweetened condensed milk, whole milk and whipping cream. Carefully pour evenly over top of cake. Cover; refrigerate about 1 hour or until mixture is absorbed into cake. Frost with frosting. Store covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:6.93, Glycemic Load:17.77, Inflammation Score:-3, Nutrition Score:7.7456522195236%

Nutrients (% of daily need)

Calories: 443.47kcal (22.17%), Fat: 17.27g (26.57%), Saturated Fat: 7.85g (49.07%), Carbohydrates: 66g (22%), Net Carbohydrates: 65.59g (23.85%), Sugar: 51.01g (56.68%), Cholesterol: 75.45mg (25.15%), Sodium: 380.98mg (16.56%), Alcohol: 0.18g (100%), Alcohol %: 0.15% (100%), Protein: 6.44g (12.88%), Vitamin B2: 0.42mg (24.69%), Phosphorus: 245.9mg (24.59%), Calcium: 210.33mg (21.03%), Selenium: 9.45µg (13.49%), Folate: 36.31µg (9.08%),

Vitamin B1: 0.12mg (8.16%), Vitamin A: 407.4IU (8.15%), Vitamin E: 1.2mg (8.01%), Vitamin K: 7.47µg (7.12%), Vitamin B5: 0.67mg (6.69%), Iron: 1.07mg (5.95%), Potassium: 207.79mg (5.94%), Vitamin B12: 0.31µg (5.13%), Vitamin B3: 0.98mg (4.88%), Zinc: 0.68mg (4.56%), Magnesium: 17.45mg (4.36%), Vitamin D: 0.56µg (3.72%), Vitamin B6: 0.07mg (3.7%), Manganese: 0.07mg (3.65%), Copper: 0.05mg (2.26%), Fiber: 0.41g (1.65%), Vitamin C: 1.1mg (1.34%)