

Princess Cake

READY IN



90 min.

SERVINGS



12

CALORIES



318 kcal

DESSERT

Ingredients

- 16 oz philadelphia cream cheese softened
- 3 drops food coloring red
- 2 tsp knox gelatine unflavored
- 3 oz ladyfingers split
- 12 servings candies assorted
- 2 Tbsp pink sprinkles red
- 0.5 cup sugar
- 1 tsp vanilla
- 0.3 cup water boiling

- 8 oz cool whip whipped topping divided thawed
- 12 servings doll pick
- 12 servings doll pick

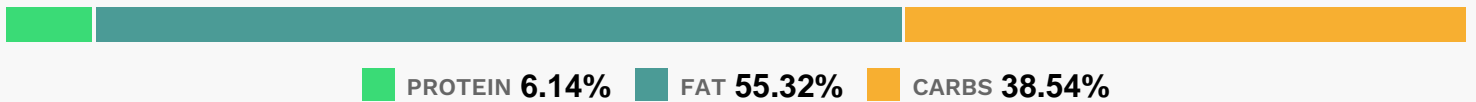
Equipment

- bowl
- plastic wrap
- hand mixer

Directions

- Stir boiling water into dry gelatine until completely dissolved; set aside. Beat cream cheese in large bowl with electric mixer on medium speed until creamy. Gradually add gelatine mixture, beating on low speed until well blended.
- Add sugar and vanilla; beat 2 min. Gently stir in 1-1/2 cups of the whipped topping. Spoon one third of the cream cheese mixture into plastic wrap-lined 1-1/2-qt. bowl. Stand one half of the ladyfingers, cut-sides in, around side of bowl. Spoon remaining cream cheese mixture into bowl. Arrange remaining ladyfingers, cut-sides down, evenly over cream cheese mixture.
- Refrigerate 1 hour or until set.
- Unmold onto serving plate; remove and discard plastic wrap. Insert doll pick in top of cake. Tint remaining whipped topping with food coloring; spread over gelatine mold to resemble doll's dress. Decorate with sprinkles and assorted candies.

Nutrition Facts



Properties

Glycemic Index:8.09, Glycemic Load:6.38, Inflammation Score:-3, Nutrition Score:3.0460869896671%

Nutrients (% of daily need)

Calories: 318.18kcal (15.91%), Fat: 19.74g (30.37%), Saturated Fat: 12.27g (76.67%), Carbohydrates: 30.95g (10.32%), Net Carbohydrates: 30.47g (11.08%), Sugar: 25.14g (27.93%), Cholesterol: 56.47mg (18.82%), Sodium: 154.58mg (6.72%), Alcohol: 0.12g (100%), Alcohol %: 0.16% (100%), Protein: 4.93g (9.86%), Vitamin A: 594.64IU (11.89%), Vitamin B2: 0.14mg (8.1%), Calcium: 71.45mg (7.15%), Phosphorus: 66.97mg (6.7%), Selenium: 4.02µg (5.74%),

Vitamin B5: 0.3mg (2.96%), Vitamin B12: 0.17µg (2.9%), Iron: 0.51mg (2.84%), Vitamin E: 0.42mg (2.8%), Folate: 9.63µg (2.41%), Potassium: 77.78mg (2.22%), Vitamin B1: 0.03mg (2.19%), Zinc: 0.29mg (1.94%), Fiber: 0.48g (1.9%), Vitamin B6: 0.03mg (1.69%), Copper: 0.03mg (1.57%), Magnesium: 5.81mg (1.45%), Vitamin K: 1.4µg (1.33%), Manganese: 0.02mg (1.15%), Vitamin B3: 0.2mg (1.02%)