

# **Princess Castle Bundt Cake**







DESSERT

### Ingredients

0.5 cup round chocolate-covered creamy mints
11 candy melts
6.4 oz chocolate icing betty crocker® canned
1 cup m&m candies
11 banana hard banana-shaped
1 teaspoons food coloring red
1 box cake mix white betty crocker® supermoist®
4 frangelico betty crocker®
4 frangelico betty crocker®

Equipment	
bowl	
frying pan	
oven	
wire rack	
hand mixer	
toothpicks	
cake form	
aluminum foil	
serrated knife	
Directions	
Heat oven to 325°F. Generously grease and lightly flour Nordic Ware® Castle Bundt® cake particle or spray with baking spray with flour.	
In large bowl, beat cake ingredients with electric mixer on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally.	
Pour batter into pan.	
Bake 36 to 42 minutes or until toothpick inserted in center of cake comes out clean. Cool 10 minutes. Using a long serrated knife, trim cake even with top of pan, if necessary. Turn pan upside down onto cooling rack; remove pan. Cool completely, about 1 hour.	
Place cake on 12- to 15-inch serving plate, tray or piece of cardboard covered with foil. Pipe pink icing around base of cake; place round candies in 3 rows around base in icing.	
Add round candies to top of castle as desired, attaching with icing.	
Pipe icing to outline window shapes on cake; top each window with 1 banana-shaped candy. Push 1 candy wafer, flat side up, into cake at bottom edge of each window to look like windowsill. Pipe icing to outline door, roof and entrance of castle.	
Place mints in icing at entrance of castle to look like walkway.	
Add gum to rooftop for shingles. Top each tower with candle. Store loosely covered.	

## **Nutrition Facts**

#### **Properties**

Glycemic Index:8.15, Glycemic Load:16.38, Inflammation Score:-3, Nutrition Score:8.7582609653473%

#### **Flavonoids**

Catechin: 6.6mg, Catechin: 6.6mg, Catechin: 6.6mg, Catechin: 6.6mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

### Nutrients (% of daily need)

Calories: 460.03kcal (23%), Fat: 11.89g (18.29%), Saturated Fat: 6.84g (42.74%), Carbohydrates: 87.71g (29.24%), Net Carbohydrates: 83.7g (30.44%), Sugar: 57.08g (63.42%), Cholesterol: 2.6mg (0.87%), Sodium: 344.79mg (14.99%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 4.3g (8.59%), Vitamin B6: 0.41mg (20.45%), Manganese: 0.38mg (19.02%), Phosphorus: 171.71mg (17.17%), Fiber: 4.01g (16.04%), Folate: 53µg (13.25%), Vitamin B2: 0.22mg (12.83%), Calcium: 121.35mg (12.13%), Potassium: 419.09mg (11.97%), Vitamin C: 9.51mg (11.53%), Iron: 1.87mg (10.4%), Vitamin B3: 1.78mg (8.9%), Vitamin B1: 0.13mg (8.57%), Magnesium: 34.1mg (8.52%), Selenium: 4.8µg (6.86%), Copper: 0.12mg (5.96%), Vitamin B5: 0.5mg (4.96%), Vitamin E: 0.71mg (4.76%), Vitamin K: 3.67µg (3.49%), Zinc: 0.37mg (2.47%), Vitamin A: 108.05IU (2.16%)