



Propeller

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



5 min.

SERVINGS



1

CALORIES



159 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 ounce chartreuse yellow
- 3 drops creme de cassis
- 1 slice cucumber (1/4-inch-thick)
- 1 serving ice cubes
- 0.5 ounce juice of lemon freshly squeezed
- 0.5 ounce maraschino liqueur
- 1 ounce vodka

Equipment

Directions

- Place a cocktail glass in the freezer to chill.
- Combine the vodka, lemon juice, maraschino liqueur, and Chartreuse in a cocktail shaker and fill the shaker halfway with ice. Shake vigorously until the outside of the shaker is frosted. Strain into the chilled cocktail glass, top with the crème de violette, and garnish with the cucumber slice.

Nutrition Facts

PROTEIN 0.77% **FAT 0.86%** **CARBS 98.37%**

Properties

Glycemic Index:30, Glycemic Load:0.02, Inflammation Score:-2, Nutrition Score:0.62956521911142%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 159.47kcal (7.97%), Fat: 0.05g (0.07%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 11.58g (3.86%), Net Carbohydrates: 11.49g (4.18%), Sugar: 10.81g (12.01%), Cholesterol: 0mg (0%), Sodium: 3.73mg (0.16%), Alcohol: 22.99g (100%), Alcohol %: 21.29% (100%), Protein: 0.09g (0.18%), Vitamin C: 5.71mg (6.92%)