



Psychedelic Cake

READY IN



120 min.

SERVINGS



12

CALORIES



463 kcal

DESSERT

Ingredients

- 1 box cake mix yellow
- 1.3 cups water
- 0.3 cup vegetable oil
- 3 eggs
- 1 serving miso green blue red (orange, , and)
- 3 oz chocolate white chopped
- 3 tablespoons whipping cream
- 0.5 cup butter softened
- 3 cups powdered sugar

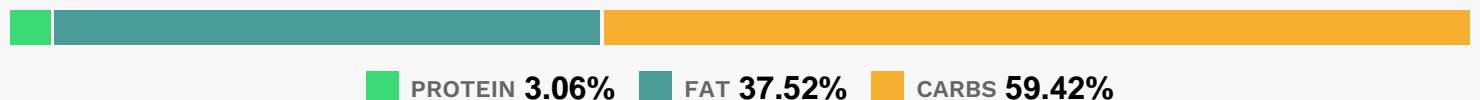
Equipment

- bowl
- frying pan
- oven
- hand mixer
- toothpicks
- microwave

Directions

- Heat oven to 350°F. Spray bottom only of 13x9-inch pan with cooking spray. In large bowl, beat cake mix, water, oil and eggs with electric mixer on low speed 30 seconds. Beat on medium speed 2 minutes, scraping bowl occasionally. Divide batter evenly among 4 medium bowls.
- Add a different food color to each bowl to make orange, red, blue and green. Drop by large spoonfuls into pan side by side, alternating colors.
- Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely, about 1 hour.
- In small microwavable bowl, microwave white chocolate and whipping cream uncovered on High 1 minute, stirring once, until softened and chocolate can be stirred smooth. Cool 10 minutes.
- In medium bowl, beat butter and 2 cups of the powdered sugar with electric mixer on medium speed until blended.
- Add white chocolate mixture; blend well.
- Add remaining 1 cup powdered sugar; beat until smooth.
- Add orange food color and blend well.
- Spread frosting on top of cake.

Nutrition Facts



Properties

Glycemic Index:15.08, Glycemic Load:2.94, Inflammation Score:-2, Nutrition Score:5.7139130134297%

Nutrients (% of daily need)

Calories: 463.44kcal (23.17%), Fat: 19.6g (30.16%), Saturated Fat: 9.07g (56.66%), Carbohydrates: 69.85g (23.28%), Net Carbohydrates: 69.32g (25.21%), Sugar: 52.33g (58.15%), Cholesterol: 66.98mg (22.33%), Sodium: 402.42mg (17.5%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.59g (7.19%), Phosphorus: 172.39mg (17.24%), Vitamin K: 13.87µg (13.21%), Calcium: 117mg (11.7%), Vitamin B2: 0.19mg (10.94%), Vitamin E: 1.33mg (8.86%), Folate: 35.41µg (8.85%), Selenium: 5.38µg (7.69%), Vitamin B1: 0.11mg (7.31%), Vitamin A: 353.09IU (7.06%), Iron: 1.13mg (6.29%), Vitamin B3: 1.07mg (5.33%), Manganese: 0.09mg (4.39%), Vitamin B5: 0.39mg (3.89%), Vitamin B12: 0.2µg (3.38%), Vitamin B6: 0.06mg (2.88%), Copper: 0.05mg (2.5%), Zinc: 0.34mg (2.24%), Fiber: 0.54g (2.14%), Vitamin D: 0.28µg (1.87%), Magnesium: 7.22mg (1.8%), Potassium: 62.31mg (1.78%)