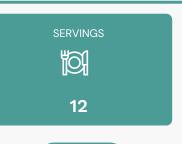


Psychedelic Cake







DESSERT

Ingredients

1 box cake mix yellow

3 oz chocolate white chopped
0.5 cup butter softened
3 eggs
12 servings purple gel food coloring green blue red (orange, , and)
3 cups powdered sugar
0.3 cup vegetable oil
1.3 cups water
3 tablespoons whipping cream

Equipment		
	bowl	
	frying pan	
	oven	
	hand mixer	
	toothpicks	
	microwave	
Di	rections	
	Heat oven to 350F. Spray bottom only of 13x9-inch pan with cooking spray. In large bowl, beat cake mix, water, oil and eggs with electric mixer on low speed 30 seconds. Beat on medium speed 2 minutes, scraping bowl occasionally. Divide batter evenly among 4 medium bowls.	
	Add a different food color to each bowl to make orange, red, blue and green. Drop by large spoonfuls into pan side by side, alternating colors.	
	Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely, about 1 hour.	
	In small microwavable bowl, microwave white chocolate and whipping cream uncovered on High 1 minute, stirring once, until softened and chocolate can be stirred smooth. Cool 10 minutes.	
	In medium bowl, beat butter and 2 cups of the powdered sugar with electric mixer on medium speed until blended.	
	Add white chocolate mixture; blend well.	
	Add remaining 1 cup powdered sugar; beat until smooth.	
	Add orange food color and blend well.	
	Spread frosting on top of cake.	
Nutrition Facts		
	PROTEIN 3.05% FAT 37.53% CARBS 59.42%	

Properties

Glycemic Index:10, Glycemic Load:2.93, Inflammation Score:-2, Nutrition Score:5.7060869339368%

Nutrients (% of daily need)

Calories: 463.27kcal (23.16%), Fat: 19.6g (30.15%), Saturated Fat: 9.06g (56.66%), Carbohydrates: 69.83g (23.28%), Net Carbohydrates: 69.3g (25.2%), Sugar: 52.33g (58.14%), Cholesterol: 66.98mg (22.33%), Sodium: 399.31mg (17.36%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 3.58g (7.17%), Phosphorus: 172.26mg (17.23%), Vitamin K: 13.85µg (13.19%), Calcium: 116.95mg (11.7%), Vitamin B2: 0.19mg (10.93%), Vitamin E: 1.33mg (8.86%), Folate: 35.4µg (8.85%), Selenium: 5.38µg (7.68%), Vitamin B1: 0.11mg (7.31%), Vitamin A: 353.02IU (7.06%), Iron: 1.13mg (6.28%), Vitamin B3: 1.06mg (5.32%), Manganese: 0.09mg (4.36%), Vitamin B5: 0.39mg (3.89%), Vitamin B12: 0.2µg (3.38%), Vitamin B6: 0.06mg (2.87%), Copper: 0.05mg (2.48%), Zinc: 0.33mg (2.22%), Fiber: 0.53g (2.12%), Vitamin D: 0.28µg (1.87%), Magnesium: 7.18mg (1.79%), Potassium: 62.13mg (1.78%)