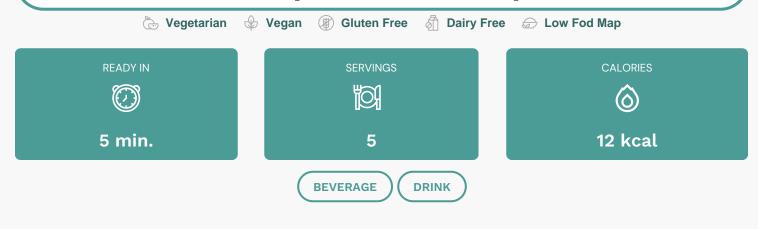


Pucker Up Lemonade Spritzer



Ingredients

- 0.5 cup club soda chilled
- 5 servings ice cubes
- 0.5 cup make-ahead lemonade syrup chilled

Equipment

Directions

Combine Make-Ahead Lemonade Syrup and club soda.

Se	erve over ice cubes, and garnish with fresh mint leaves, if desired.
Se	erve immediately.
	Nutrition Facts
	PROTEIN 0% FAT 0% CARBS 100%

Properties

Glycemic Index:12.9, Glycemic Load:1.93, Inflammation Score:0, Nutrition Score:0.053913042516164%

Nutrients (% of daily need)

Calories: 11.97kcal (0.6%), Fat: Og (0%), Saturated Fat: Og (0%), Carbohydrates: 2.99g (1%), Net Carbohydrates: 2.99g (1.09%), Sugar: 2.79g (3.1%), Cholesterol: Omg (0%), Sodium: 9.26mg (0.4%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: Og (0%)