



Pudding-Chocolate Morsel Cookies

 Dairy Free

READY IN



25 min.

SERVINGS



42

CALORIES



142 kcal

DESSERT

Ingredients

- 1 tsp baking soda
- 0.8 cup brown sugar packed
- 1 cup butter softened
- 2 eggs
- 2.3 cups flour
- 0.3 cup granulated sugar
- 3.4 oz jell-o vanilla flavor pudding instant
- 12 oz baker's semi-sweet chocolate morsels

1 tsp vanilla

Equipment

bowl

baking sheet

oven

blender

Directions

Heat oven to 375F.

Beat butter, sugars, dry pudding mix and vanilla in large bowl with mixer until well blended.

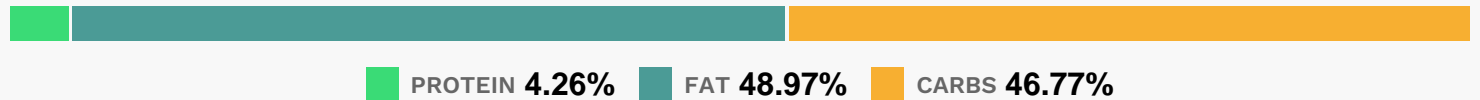
Add eggs and baking soda; mix well. Gradually beat in flour. Stir in chocolate.

Drop teaspoonfuls of dough, 2 inches apart, onto baking sheets.

Bake 8 to 10 min. or until lightly browned. Cool 3 min. on baking sheets.

Remove to wire racks. Cool completely.

Nutrition Facts



Properties

Glycemic Index:3.45, Glycemic Load:4.53, Inflammation Score:-2, Nutrition Score:2.6434782475395%

Nutrients (% of daily need)

Calories: 141.63kcal (7.08%), Fat: 7.73g (11.9%), Saturated Fat: 2.77g (17.28%), Carbohydrates: 16.62g (5.54%), Net Carbohydrates: 15.78g (5.74%), Sugar: 9.83g (10.92%), Cholesterol: 8.28mg (2.76%), Sodium: 100.55mg (4.37%), Alcohol: 0.03g (100%), Alcohol %: 0.15% (100%), Caffeine: 6.97mg (2.32%), Protein: 1.51g (3.02%), Manganese: 0.16mg (7.83%), Copper: 0.11mg (5.74%), Selenium: 3.67µg (5.24%), Iron: 0.89mg (4.94%), Vitamin A: 208.69IU (4.17%), Magnesium: 16.51mg (4.13%), Vitamin B1: 0.06mg (3.77%), Phosphorus: 33.89mg (3.39%), Fiber: 0.84g (3.37%), Folate: 13.33µg (3.33%), Vitamin B2: 0.05mg (2.9%), Vitamin B3: 0.47mg (2.35%), Zinc: 0.29mg (1.94%), Potassium: 64.11mg (1.83%), Vitamin E: 0.24mg (1.61%), Calcium: 12.22mg (1.22%)