

Pudding Shots



Gluten Free



Popular

READY IN



45 min.

SERVINGS



15

CALORIES



55 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 4 serving chocolate pudding mix instant
- ☐ 0.5 cup irish cream liqueur (eg. Bailey's®)
- ☐ 1 cup milk
- ☐ 0.5 cup vodka smirnoff® (eg.)

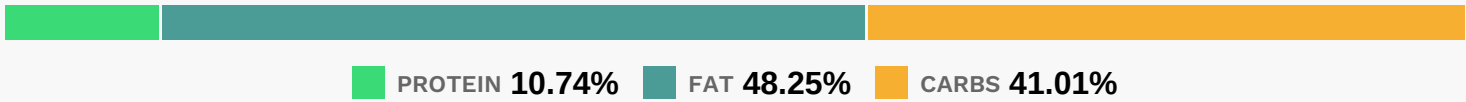
Equipment

- ☐ bowl
- ☐ whisk

Directions

- ☐ Whisk together the milk, Irish cream liqueur, vodka, and instant pudding mix in a bowl until combined. Continue whisking for 2 minutes.
- ☐ Spoon the pudding mixture into shot glasses or disposable 'party shot' cups. Chill until set, about 30 minutes. The shots will have the consistency of mousse.

Nutrition Facts



Properties

Glycemic Index:3.53, Glycemic Load:0.29, Inflammation Score:-1, Nutrition Score:0.54695652765424%

Nutrients (% of daily need)

Calories: 54.97kcal (2.75%), Fat: 1.55g (2.38%), Saturated Fat: 0.93g (5.84%), Carbohydrates: 2.96g (0.99%), Net Carbohydrates: 2.95g (1.07%), Sugar: 2.54g (2.82%), Cholesterol: 1.96mg (0.65%), Sodium: 10.08mg (0.44%), Alcohol: 3.73g (100%), Alcohol %: 14.61% (100%), Protein: 0.78g (1.55%), Calcium: 20.04mg (2%), Phosphorus: 17.02mg (1.7%), Vitamin B12: 0.09µg (1.46%), Vitamin B2: 0.02mg (1.36%), Vitamin D: 0.18µg (1.19%)