



Pumpkin Ravioli with Crispy Margherita® Prosciutto

 Gluten Free

READY IN



33 min.

SERVINGS



2

CALORIES



514 kcal

SIDE DISH

ANTIPASTI

STARTER

SNACK

Ingredients

- ☐ 1 tablespoon amaretto
- ☐ 0.5 pound butternut squash ravioli
- ☐ 1.5 cups chicken stock see
- ☐ 0.5 cup olive oil extra virgin
- ☐ 0.3 cup mushrooms fresh sliced
- ☐ 4 leaves sage fresh
- ☐ 1 clove garlic sliced thin

- ☐ 0.3 cup pancetta margherita®
- ☐ 3 tablespoons butter unsalted

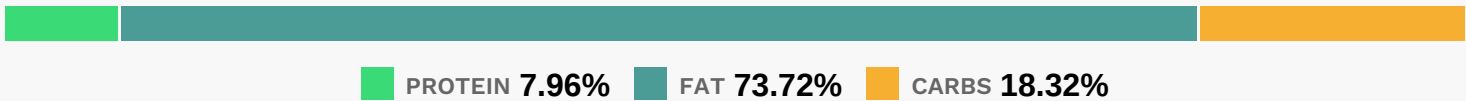
Equipment

- ☐ sauce pan
- ☐ ladle
- ☐ oven
- ☐ pot

Directions

- ☐ Preheat oven to 350 degrees.
- ☐ Place the pine nuts on a cookie tray, place in oven for 5–8 minutes at 350 until lightly browned.
- ☐ Separately, place ravioli in large pot of boiling water, cook to package instructions, about 8–10 minutes. Sift out with large draining.
- ☐ Separately, in sauce pan, saute olive oil, garlic and mushrooms for 1–2 minutes.
- ☐ Add Margherita® Prosciutto.
- ☐ Saute until garlic and prosciutto are light brown then add Amaretto, allowing it to flame/burn off, then add the butter.
- ☐ Once butter is melted, add chicken stock. Reduce heat and simmer for 2–3 minutes. Turn off heat and add baked pinoli nuts.
- ☐ Ladle out sauce onto ravioli in pasta dish, garnish with fresh sage (may also fry sage leaves to crispy for garnish).

Nutrition Facts



Properties

Glycemic Index:31, Glycemic Load:0.26, Inflammation Score:-10, Nutrition Score:17.882608786873%

Flavonoids

Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 514.17kcal (25.71%), Fat: 41.93g (64.51%), Saturated Fat: 16.83g (105.19%), Carbohydrates: 23.45g (7.82%), Net Carbohydrates: 20.98g (7.63%), Sugar: 8.1g (9%), Cholesterol: 70.07mg (23.36%), Sodium: 461.9mg (20.08%), Alcohol: 1.95g (100%), Alcohol %: 0.58% (100%), Protein: 10.18g (20.36%), Vitamin A: 12595.48IU (251.91%), Vitamin C: 24.98mg (30.28%), Vitamin B3: 6mg (30.01%), Vitamin E: 3.86mg (25.73%), Copper: 0.5mg (24.95%), Potassium: 711.36mg (20.32%), Vitamin B6: 0.4mg (19.95%), Vitamin B1: 0.28mg (18.37%), Selenium: 12.4µg (17.72%), Vitamin B2: 0.27mg (16.1%), Phosphorus: 150.18mg (15.02%), Manganese: 0.28mg (13.76%), Magnesium: 51.9mg (12.98%), Folate: 43.01µg (10.75%), Fiber: 2.47g (9.86%), Vitamin K: 9.6µg (9.15%), Vitamin B5: 0.89mg (8.89%), Iron: 1.48mg (8.2%), Calcium: 70.26mg (7.03%), Zinc: 0.89mg (5.96%), Vitamin B12: 0.19µg (3.17%), Vitamin D: 0.47µg (3.1%)