



Queen of Hearts Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



3 min.

SERVINGS



4

CALORIES



92 kcal

BEVERAGE

DRINK

Ingredients

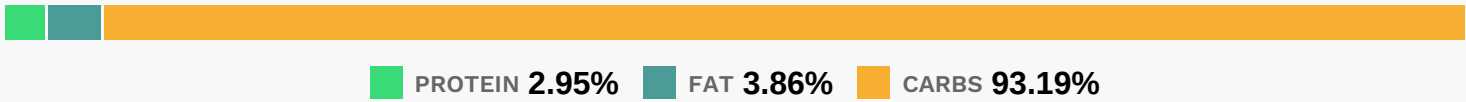
- ☐ 2 ounces campari
- ☐ 8 ounces 1/4 cup dried cranberry (juice sweetened if possible)
- ☐ 4 servings ice cubes crushed
- ☐ 1 tablespoon juice of lemon
- ☐ 4 ounces orange juice
- ☐ 4 ounces berry-flavored vodka

Equipment

Directions

 Mix cranberry juice, orange juice, vodka, and Campari in a cocktail shaker with ice. Squeeze in lemon juice and strain into 4 glasses filled with ice.

Nutrition Facts



Properties

Glycemic Index:27, Glycemic Load:5.35, Inflammation Score:-3, Nutrition Score:3.1539130670869%

Flavonoids

Cyanidin: 1.24mg, Cyanidin: 1.24mg, Cyanidin: 1.24mg, Cyanidin: 1.24mg Petunidin: 5.15mg, Petunidin: 5.15mg, Petunidin: 5.15mg, Petunidin: 5.15mg Delphinidin: 6.12mg, Delphinidin: 6.12mg, Delphinidin: 6.12mg, Delphinidin: 6.12mg Malvidin: 14.08mg, Malvidin: 14.08mg, Malvidin: 14.08mg, Malvidin: 14.08mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Peonidin: 0.13mg, Peonidin: 0.13mg, Peonidin: 0.13mg, Peonidin: 0.13mg Eriodictyol: 0.23mg, Eriodictyol: 0.23mg, Eriodictyol: 0.23mg, Eriodictyol: 0.23mg Hesperetin: 3.93mg, Hesperetin: 3.93mg, Hesperetin: 3.93mg, Hesperetin: 3.93mg Naringenin: 0.66mg, Naringenin: 0.66mg, Naringenin: 0.66mg, Naringenin: 0.66mg Luteolin: 0.51mg, Luteolin: 0.51mg, Luteolin: 0.51mg, Luteolin: 0.51mg Kaempferol: 0.31mg, Kaempferol: 0.31mg, Kaempferol: 0.31mg, Kaempferol: 0.31mg Myricetin: 0.51mg, Myricetin: 0.51mg, Myricetin: 0.51mg, Myricetin: 0.51mg Quercetin: 1.4mg, Quercetin: 1.4mg, Quercetin: 1.4mg, Quercetin: 1.4mg

Nutrients (% of daily need)

Calories: 91.97kcal (4.6%), Fat: 0.32g (0.49%), Saturated Fat: 0.03g (0.18%), Carbohydrates: 17.41g (5.8%), Net Carbohydrates: 16.52g (6.01%), Sugar: 11.73g (13.04%), Cholesterol: 0mg (0%), Sodium: 1.79mg (0.08%), Alcohol: 3.22g (100%), Alcohol %: 3.08% (100%), Protein: 0.55g (1.1%), Vitamin C: 21.61mg (26.19%), Vitamin K: 7.57µg (7.21%), Vitamin E: 0.83mg (5.56%), Fiber: 0.89g (3.56%), Potassium: 119.53mg (3.42%), Vitamin B6: 0.06mg (2.96%), Folate: 11.81µg (2.95%), Vitamin B1: 0.04mg (2.71%), Copper: 0.05mg (2.69%), Manganese: 0.05mg (2.3%), Magnesium: 8.17mg (2.04%), Vitamin A: 95.48IU (1.91%), Vitamin B2: 0.03mg (1.75%), Vitamin B3: 0.32mg (1.58%), Phosphorus: 15.61mg (1.56%), Iron: 0.25mg (1.4%), Calcium: 10.18mg (1.02%)