

DESSERT

Quick Cinnamon Apple Tarte

6 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
75 min	10 min	65 min	6	\$0.85	450 kcal

Quick Cinnamon Apple Tarte might be a good recipe to expand your dessert recipe box. One serving contains 449 calories, 6g of protein, and 23g of fat. This recipe serves 6 and costs 85 cents per serving. It is brought to you by Foodnetwork. 1 person has tried and liked this recipe.

Ingredients

- ☐ 1 stick butter, cut into 1-inch cubes, plus extra, melted, for brushing
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- ☐ 1½ cups flour
- ☐ 3 Granny Smith apples
- ☐ 1 teaspoon ground cinnamon
- ☐ 1 tablespoon fresh lemon juice
- ☐ 6 servings Salt
- ☐ 2 tablespoons sugar, divided
- ☐ 6 servings Vanilla ice cream, for serving
- ☐ 3 tablespoons ice cold water

EQUIPMENT Food processor, Bowl, Frying pan, Oven, Tart form

Method

- 1

Special equipment: 9 1/2-inch tarte pan
- 2

Place the cubed butter in the fridge while you assemble all your ingredients.
- 3

Preheat the oven to 350 degrees F.
- 4

In a food processor, place the flour, a pinch of salt, and 1 tablespoon sugar.

- 5 Add the butter and pulse until the mixture looks like wet sand.
- 6 Add the cold water and pulse again until the dough just begins to come together in a large lump.
- 7 Pour the dough into the tarte pan and, using your fingers, press the dough into the pan, forming a crust. Refrigerate the crust while you prepare the apples.
- 8 Peel the apples, cut into quarters, core, and then slice thinly.
- 9 Place in a bowl and toss with the lemon juice, the remaining 1 tablespoon sugar, cinnamon, and a pinch of salt.
- 10 Remove the crust from the refrigerator and dump the apples onto the crust, spreading them evenly.
- 11 Brush the whole tarte with melted butter and bake until the tarte is golden and the apples have cooked down a fair amount, about 1 hour. Cool for at least 15 minutes before cutting.
- 12 Serve with vanilla ice cream.

Nutrition per serving

450	6 g	23 g	56 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			14.2 g · 89% of daily needs
Fibre			3.7 g · 15% of daily needs
Sugar			27.6 g · 31% of daily needs
Sodium			370 mg · 16% of daily needs
Cholesterol			69.5 mg · 23% of daily needs
Vitamin C			5.6 mg · 7% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at [whatsheate.com/quick-cinnamon-apple-tarte-148472](https://www.whatsheate.com/quick-cinnamon-apple-tarte-148472)