



Quick Dirt and Worms Cupcakes

READY IN



120 min.

SERVINGS



24

CALORIES



260 kcal

DESSERT

Ingredients

- 1 box duncan hines devil's food cake
- 1 container chocolate frosting
- 24 pumpkin candies and gummy worms
- 24 servings m&m candies

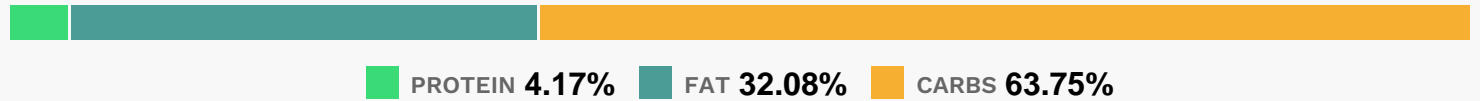
Equipment

- frying pan
- oven
- muffin liners

Directions

- Heat oven to 350F (325F for dark or nonstick pans).
- Place paper baking cup in each of 24 regular-size muffin cups.
- Make and bake cake mix as directed on box for 24 cupcakes. Cool 10 minutes.
- Remove from pan to cooling racks. Cool completely, about 30 minutes.
- Spread frosting on cupcakes.
- Sprinkle with candy rocks.
- Add gummy worms, gently pushing one end of worm into each cupcake. Store loosely covered.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.4447826153558%

Nutrients (% of daily need)

Calories: 260.35kcal (13.02%), Fat: 9.63g (14.82%), Saturated Fat: 3.8g (23.76%), Carbohydrates: 43.07g (14.36%), Net Carbohydrates: 42.06g (15.29%), Sugar: 31.59g (35.1%), Cholesterol: 2.25mg (0.75%), Sodium: 197.39mg (8.58%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.82g (5.63%), Iron: 1.26mg (7.01%), Phosphorus: 63.51mg (6.35%), Copper: 0.11mg (5.49%), Calcium: 45.91mg (4.59%), Manganese: 0.09mg (4.27%), Fiber: 1.01g (4.03%), Selenium: 2.38µg (3.4%), Vitamin E: 0.49mg (3.29%), Magnesium: 12.42mg (3.11%), Folate: 11.35µg (2.84%), Potassium: 96.39mg (2.75%), Vitamin B1: 0.03mg (2.2%), Vitamin B2: 0.03mg (1.88%), Vitamin B3: 0.31mg (1.55%), Zinc: 0.2mg (1.32%)