

Quick Egg Roll Dipping Sauce



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



4

CALORIES



15 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 teaspoon garlic powder
- ☐ 1 teaspoon ground ginger
- ☐ 0.5 teaspoon onion powder
- ☐ 3 tablespoons rice vinegar
- ☐ 0.1 teaspoon sesame oil
- ☐ 3 tablespoons soya sauce

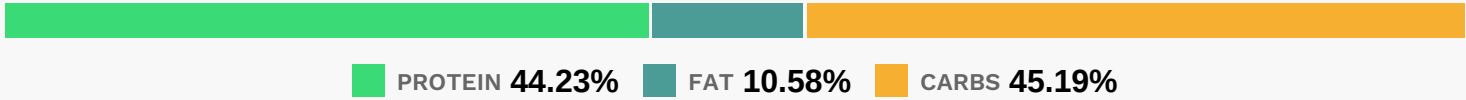
Equipment

- ☐ whisk

Directions

☐ Whisk together soy sauce, rice vinegar, sesame oil, ginger, garlic powder, and onion powder until smooth. Distribute in small dipping dishes.

Nutrition Facts



Properties

Glycemic Index:17.5, Glycemic Load:0.11, Inflammation Score:-1, Nutrition Score:1.4156521615451%

Nutrients (% of daily need)

Calories: 15.13kcal (0.76%), Fat: 0.17g (0.25%), Saturated Fat: 0.03g (0.21%), Carbohydrates: 1.59g (0.53%), Net Carbohydrates: 1.34g (0.49%), Sugar: 0.28g (0.31%), Cholesterol: 0mg (0%), Sodium: 754.89mg (32.82%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.55g (3.1%), Manganese: 0.25mg (12.37%), Vitamin B3: 0.59mg (2.93%), Iron: 0.45mg (2.53%), Phosphorus: 21.23mg (2.12%), Vitamin B6: 0.04mg (1.91%), Magnesium: 7.16mg (1.79%), Vitamin B2: 0.02mg (1.3%), Copper: 0.02mg (1.24%), Potassium: 42.4mg (1.21%)