



Rabbi Olitzky's Chocolate Cream Cheese Hamantaschen

♥ Popular

READY IN



45 min.

SERVINGS



60

CALORIES



159 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1.5 cups brown sugar
- ☐ 1 cup chocolate chips
- ☐ 6 oz cream cheese
- ☐ 5 cups flour
- ☐ 1 cup pineapple juice
- ☐ 1 tsp salt
- ☐ 0.5 cup sugar

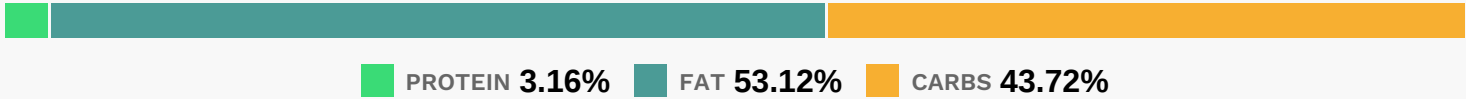
- ☐ 1 tsp vanilla
- ☐ 1 lb shortening room temperature

Equipment

Directions

- ☐ Save Recipe
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- ☐ Rabbi Olitzky's Chocolate Cream Cheese Hamantaschen
- ☐ Hamantaschen Ingredients5 cups flour1 lb. vegetable shortening, room temperature1 cup pineapple juice1/2 cup sugar1 tsp salt
- ☐ Filling Ingredients1 1/2 cups brown sugar6 oz. cream cheese1 tsp vanilla1 cup chocolate chips
- ☐ Servings: 60–70 cookies
- ☐ Kosher Key: Cookie Dough Pareve, Filling Dairy

Nutrition Facts



Properties

Glycemic Index:3.63, Glycemic Load:7.19, Inflammation Score:-1, Nutrition Score:2.1091304424664%

Nutrients (% of daily need)

Calories: 159.27kcal (7.96%), Fat: 9.5g (14.62%), Saturated Fat: 3.01g (18.84%), Carbohydrates: 17.6g (5.87%), Net Carbohydrates: 17.32g (6.3%), Sugar: 9.25g (10.28%), Cholesterol: 2.86mg (0.95%), Sodium: 49.81mg (2.17%), Alcohol: 0.02g (100%), Alcohol %: 0.09% (100%), Protein: 1.27g (2.54%), Vitamin B1: 0.09mg (5.75%), Selenium: 3.86µg (5.51%), Folate: 20.08µg (5.02%), Manganese: 0.09mg (4.75%), Vitamin K: 4.12µg (3.93%), Vitamin B2: 0.06mg (3.48%), Vitamin E: 0.49mg (3.3%), Vitamin B3: 0.63mg (3.16%), Iron: 0.54mg (3.02%), Phosphorus: 14.82mg (1.48%), Vitamin B5: 0.12mg (1.23%), Calcium: 11.66mg (1.17%), Fiber: 0.29g (1.16%), Copper: 0.02mg (1.05%), Potassium: 36.03mg (1.03%)