

Rainbow and Pot of Gold Cookies

READY IN SERVINGS

SERVINGS 14 calories 140 kcal

DESSERT

Ingredients

17.5 oz sugar cookie mix

60 min.

1 serving basic cookie mix for on cookie mix pouch for cutout cookies

1 box poached berries hot flavored colors®

1 box frangelico yellow fruit flavored betty fruit gushers® (from tropical flavors variety pack)

Equipment

bowl

baking sheet

oven

Directions	
	Heat oven to 375°F. In medium bowl, mix cookie mix, flour, butter and egg until soft dough forms. On lightly floured surface, roll dough 1/4 inch thick. Using 4- to 4 1/2-inch round cutter, cut out 7 rounds. Using 2-inch round cutter, cut and remove center from each round (save centers for rerolling).
	Cut each ring in half, making 2 curved rainbow shapes from each, for a total of 1
	Place on ungreased cookie sheet.
	Roll remaining dough 1/4 inch thick. Using 2-inch round cutter, cut out 14 small rounds.
	Place on ungreased cookie sheet. Partially bake cookies 5 to 6 minutes or just until set.
	Unroll and remove paper from Betty Crocker Fruit
	Roll-Ups snacks. Using same 2-inch round cutter, cut 14 small green rounds.
	Roll top of each round down slightly.
	Brush top of each small round cookie lightly with water; place green snack on each cookie to be pot.
	Place 3 yellow Gushers snacks on remaining half of each cookie to be gold.
	Cut 14 strips (about 1/4-inch wide) of each red, yellow, green and blue fruit snack.
	Brush top of each rainbow cookie lightly with water.
	Place 4 colors of snacks on rainbow cookie as shown in photo.
	Bake 2 to 3 minutes longer or until edges are light golden brown and snacks have softened slightly to stick to cookies. Cool completely.
Nutrition Facts	
	PROTEIN 3.65% FAT 12.44% CARBS 83.91%
Properties	
Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:0.21739129778808%	

pot

Flavonoids

Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg Delphinidin: 0.02mg, Delphinidin: 0.02mg, Delphinidin: 0.02mg, Malvidin: 0.04mg, Malvidin: 0.04mg,

Nutrients (% of daily need)

Calories: 139.58kcal (6.98%), Fat: 1.92g (2.96%), Saturated Fat: Og (0.01%), Carbohydrates: 29.16g (9.72%), Net Carbohydrates: 29.15g (10.6%), Sugar: 16.48g (18.31%), Cholesterol: Omg (0%), Sodium: 101.32mg (4.41%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.27g (2.54%), Vitamin B1: 0.02mg (1.42%), Folate: 5.67µg (1.42%)