



Rainbow Cake

 Dairy Free

READY IN



123 min.

SERVINGS



15

CALORIES



224 kcal

DESSERT

Ingredients

- 1 box cake mix yellow your favorite (or flavor)
- 1 serving purple gel food coloring assorted
- 12 oz fluffy frosting white
- 1 serving sprinkles

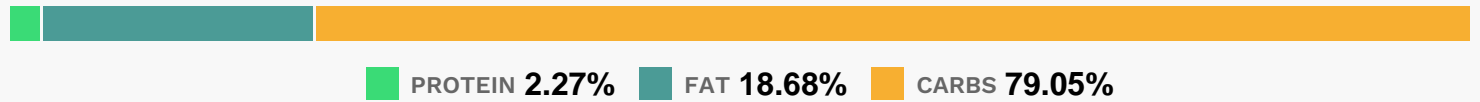
Equipment

- frying pan
- oven
- knife

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom only of 13x9-inch pan. Make cake batter as directed on box.
- Pour into pan. Randomly place 6 drops of food colors over batter.
- Cut through batter with knife several times for marbled design.
- Bake as directed on box for 13x9-inch pan. Cool completely, about 1 hour.
- Spread frosting over cake.
- Sprinkle colored sugars on frosting to make rainbow design.

Nutrition Facts



Properties

Glycemic Index:2.87, Glycemic Load:6.62, Inflammation Score:-1, Nutrition Score:2.9921739023665%

Nutrients (% of daily need)

Calories: 224.46kcal (11.22%), Fat: 4.67g (7.18%), Saturated Fat: 1.26g (7.9%), Carbohydrates: 44.43g (14.81%), Net Carbohydrates: 44.02g (16.01%), Sugar: 29.84g (33.15%), Cholesterol: 0mg (0%), Sodium: 292.65mg (12.72%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.28g (2.55%), Phosphorus: 110.93mg (11.09%), Vitamin B2: 0.15mg (8.71%), Calcium: 73.41mg (7.34%), Folate: 25.25µg (6.31%), Vitamin B1: 0.08mg (5.46%), Vitamin E: 0.66mg (4.43%), Vitamin B3: 0.85mg (4.24%), Iron: 0.75mg (4.18%), Vitamin K: 3.95µg (3.76%), Manganese: 0.07mg (3.29%), Fiber: 0.41g (1.65%), Selenium: 1.06µg (1.51%), Vitamin B5: 0.14mg (1.38%), Vitamin B6: 0.03mg (1.33%), Copper: 0.02mg (1.24%)