

## **Rainbow Clown Cake**

airy Free







DESSERT

## Ingredients

2 tablespoons canola oil
3 egg whites
6 servings paste food coloring green
6 servings paste food coloring red
6 servings paste food coloring yellow
6 servings orange paste food coloring
1.3 cups water

18.3 ounce duncan hines classic decadent cake mix white

Equipment		
	bowl	
	oven	
	wire rack	
	hand mixer	
	toothpicks	
Directions		
	Preheat an oven to 350 degrees F (175 degrees C). Grease and flour two 8-inch round cake pans.	
	Beat the egg whites with an electric mixer until frothy, about 1 minute.	
	Add the cake mix, water, and canola oil; continue beating for 2 minutes on medium speed.	
	Divide the cake batter into six separate bowls. Use a toothpick to scoop a dab of food coloring into one bowl of batter and stir; add more food coloring, if necessary, to reach the desired shade. Repeat with the remaining colors and bowls of batter.	
	Scoop spoonfuls of batter into the prepared pans, alternating the colors. Use a toothpick to gently swirl the colors for a marbled effect.	
	Bake in the preheated oven until a toothpick inserted into the cake comes clean, about 30–35 minutes. Cool in the pans for 10 minutes before removing to cool completely on a wire rack.	
	Nutrition Facts	
	PROTEIN 5.57% FAT 19.02% CARBS 75.41%	
Dro	nortios	

## **Properties**

Glycemic Index:O, Glycemic Load:O, Inflammation Score:-2, Nutrition Score:7.4134782701731%

## Nutrients (% of daily need)

Calories: 369.83kcal (18.49%), Fat: 7.87g (12.11%), Saturated Fat: 2.03g (12.67%), Carbohydrates: 70.25g (23.42%), Net Carbohydrates: 69.3g (25.2%), Sugar: 36.39g (40.44%), Cholesterol: Omg (0%), Sodium: 625.1mg (27.18%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.19g (10.38%), Phosphorus: 292.84mg (29.28%), Calcium: 191.47mg (19.15%), Folate: 60.96µg (15.24%), Vitamin B2: 0.25mg (14.88%), Selenium: 10.42µg (14.88%), Vitamin B1:

0.19mg (12.51%), Vitamin E: 1.57mg (10.45%), Vitamin B3: 2.07mg (10.37%), Iron: 1.69mg (9.41%), Manganese: 0.18mg (8.92%), Vitamin K: 5.66µg (5.39%), Copper: 0.08mg (4.09%), Fiber: 0.95g (3.79%), Magnesium: 11.66mg (2.92%), Vitamin B5: 0.28mg (2.82%), Zinc: 0.41mg (2.71%), Potassium: 77.91mg (2.23%), Vitamin B6: 0.02mg (1.24%)