



Rainbow-Sprinkled Brownie Pops

 Dairy Free

READY IN



180 min.

SERVINGS



25

CALORIES



195 kcal

DESSERT

Ingredients

- 1 box brownie mix
- 0.5 cup vegetable oil
- 0.3 cup water
- 2 eggs
- 14 oz candy melts dark
- 25 you will also need: parchment paper white
- 1 serving sprinkles assorted

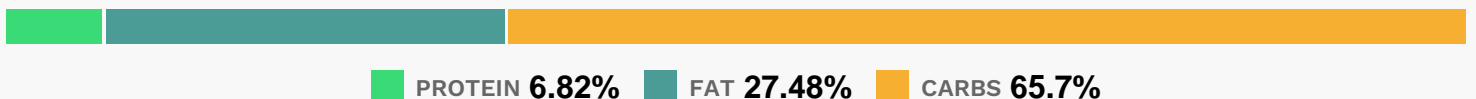
Equipment

- bowl
- baking sheet
- oven
- microwave
- lollipop sticks

Directions

- Make and bake brownies as directed on box, using oil, water and eggs. Cool at least 1 hour.
- Line cookie sheet with waxed paper. In large bowl, crumble baked brownies. Using 1 1/2-inch cookie scoop, scoop out brownie mixture; roll into balls.
- Place on cookie sheet. Freeze 1 hour.
- In 1-quart microwavable bowl, microwave candy melts uncovered on High 1 minute 30 seconds; stir. Continue microwaving and stirring in 15-second intervals until melted; stir until smooth.
- Remove balls from freezer. Dip tip of each lollipop stick into melted candy, then halfway into 1 cake ball; place on waxed paper-lined cookie sheet.
- When all brownie balls have sticks, gently swirl 1 ball into melted candy to coat well; allow candy to drip back into bowl.
- Place stick in polystyrene foam.
- Sprinkle top with candy sprinkles. Repeat with remaining cake balls and melted candy.
- Let candy harden before serving.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.517391314973%

Nutrients (% of daily need)

Calories: 194.61kcal (9.73%), Fat: 5.89g (9.06%), Saturated Fat: 2.59g (16.19%), Carbohydrates: 31.66g (10.55%), Net Carbohydrates: 31.32g (11.39%), Sugar: 14.78g (16.42%), Cholesterol: 14.8mg (4.93%), Sodium: 180.51mg (7.85%),

Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.28g (6.57%), Selenium: 6.44µg (9.2%), Iron: 1.27mg (7.07%), Vitamin B1: 0.1mg (6.67%), Manganese: 0.12mg (6.11%), Vitamin B2: 0.09mg (5.17%), Vitamin B3: 1.03mg (5.17%), Folate: 17.99µg (4.5%), Phosphorus: 22.36mg (2.24%), Copper: 0.03mg (1.54%), Vitamin K: 1.61µg (1.54%), Fiber: 0.34g (1.37%), Zinc: 0.18mg (1.2%), Calcium: 10.97mg (1.1%), Magnesium: 4.25mg (1.06%)