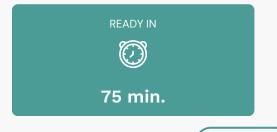
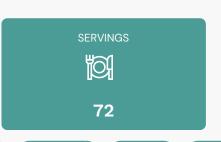


## **Rainbow Sprinklers**

airy Free







ANTIPASTI

STARTER

SNACK

APPETIZER

## **Ingredients**

1.5 cups sugar

- 0.5 cup butter softened
- 0.5 cup shortening
- 2 eggs
- 2.8 cups flour all-purpose
- 2 teaspoons cream of tartar
- 1 teaspoon baking soda
- 0.3 teaspoon salt

1.	.5 cups m&m candies assorted		
Equ	uipment		
b	powl		
b	paking sheet		
	oven		
w	vire rack		
Dire	ections		
	Heat oven to 400°F. In large bowl, stir sugar, butter, shortening and eggs with spoon until mixed. Stir in flour, cream of tartar, baking soda and salt.		
s	Shape dough by rounded teaspoonfuls into balls.		
	Roll balls in colored sugar until coated. On ungreased cookie sheet, place balls about 2 inches		
	Bake 8 to 10 minutes or until centers are almost set. Cool 1 minute; remove from cookie sheet to wire rack.		
Nutrition Facts			
	PROTEIN 4.25% FAT 42.74% CARBS 53.01%		
Prop	Properties		

Glycemic Index:2.02, Glycemic Load:5.54, Inflammation Score:-1, Nutrition Score:0.99130434283744%

## **Nutrients** (% of daily need)

Calories: 81.06kcal (4.05%), Fat: 3.88g (5.97%), Saturated Fat: 1.29g (8.07%), Carbohydrates: 10.83g (3.61%), Net Carbohydrates: 10.59g (3.85%), Sugar: 6.89g (7.65%), Cholesterol: 5.2mg (1.73%), Sodium: 43.06mg (1.87%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 0.87g (1.74%), Selenium: 2.02µg (2.88%), Vitamin B1: 0.04mg (2.56%), Folate: 9.33µg (2.33%), Vitamin B2: 0.03mg (1.8%), Iron: 0.3mg (1.68%), Manganese: 0.03mg (1.66%), Vitamin A: 72.69IU (1.45%), Vitamin B3: 0.28mg (1.42%), Vitamin E: 0.15mg (1.01%)