



Rainbow Sprinklers

 Dairy Free

READY IN



75 min.

SERVINGS



72

CALORIES



81 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1.5 cups sugar
- 0.5 cup butter softened
- 0.5 cup shortening
- 2 eggs
- 2.8 cups flour all-purpose
- 2 teaspoons cream of tartar
- 1 teaspoon baking soda
- 0.3 teaspoon salt

1.5 cups m&m candies assorted

Equipment

bowl

baking sheet

oven

wire rack

Directions

Heat oven to 400°F. In large bowl, stir sugar, butter, shortening and eggs with spoon until mixed. Stir in flour, cream of tartar, baking soda and salt.

Shape dough by rounded teaspoonfuls into balls.

Roll balls in colored sugar until coated. On ungreased cookie sheet, place balls about 2 inches apart.

Bake 8 to 10 minutes or until centers are almost set. Cool 1 minute; remove from cookie sheet to wire rack.

Nutrition Facts



PROTEIN 4.25% **FAT 42.74%** **CARBS 53.01%**

Properties

Glycemic Index:2.02, Glycemic Load:5.54, Inflammation Score:-1, Nutrition Score:0.99130434283744%

Nutrients (% of daily need)

Calories: 81.06kcal (4.05%), Fat: 3.88g (5.97%), Saturated Fat: 1.29g (8.07%), Carbohydrates: 10.83g (3.61%), Net Carbohydrates: 10.59g (3.85%), Sugar: 6.89g (7.65%), Cholesterol: 5.2mg (1.73%), Sodium: 43.06mg (1.87%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.87g (1.74%), Selenium: 2.02µg (2.88%), Vitamin B1: 0.04mg (2.56%), Folate: 9.33µg (2.33%), Vitamin B2: 0.03mg (1.8%), Iron: 0.3mg (1.68%), Manganese: 0.03mg (1.66%), Vitamin A: 72.69IU (1.45%), Vitamin B3: 0.28mg (1.42%), Vitamin E: 0.15mg (1.01%)