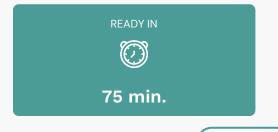
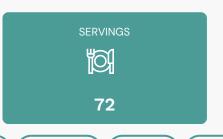


Rainbow Sprinklers

airy Free







ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

Ш	1 teaspoon baking soda
	0.5 cup butter softened
	2 teaspoons cream of tartar
	2 eggs
	2.8 cups flour all-purpose
	1.5 cups m&m candies assorted
	0.3 teaspoon salt

0.5 cup shortening

	1.5 cups sugar	
Eq	uipment	
	bowl	
	baking sheet	
	oven	
	wire rack	
Dii	rections	
	Heat oven to 400F. In large bowl, stir sugar, butter, shortening and eggs with spoon until mixed. Stir in flour, cream of tartar, baking soda and salt.	
	Shape dough by rounded teaspoonfuls into balls.	
	Roll balls in colored sugar until coated. On ungreased cookie sheet, place balls about 2 inches apart.	
	Bake 8 to 10 minutes or until centers are almost set. Cool 1 minute; remove from cookie sheet to wire rack.	
Nutrition Facts		
	PROTEIN 4.25% FAT 42.74% CARBS 53.01%	
	,.	

Properties

Glycemic Index:2.02, Glycemic Load:5.54, Inflammation Score:-1, Nutrition Score:0.99130434283744%

Nutrients (% of daily need)

Calories: 81.06kcal (4.05%), Fat: 3.88g (5.97%), Saturated Fat: 1.29g (8.07%), Carbohydrates: 10.83g (3.61%), Net Carbohydrates: 10.59g (3.85%), Sugar: 6.89g (7.65%), Cholesterol: 5.2mg (1.73%), Sodium: 43.06mg (1.87%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 0.87g (1.74%), Selenium: 2.02µg (2.88%), Vitamin B1: 0.04mg (2.56%), Folate: 9.33µg (2.33%), Vitamin B2: 0.03mg (1.8%), Iron: 0.3mg (1.68%), Manganese: 0.03mg (1.66%), Vitamin A: 72.69IU (1.45%), Vitamin B3: 0.28mg (1.42%), Vitamin E: 0.15mg (1.01%)