



Raines Law Room's Wildest Redhead



Vegetarian



Dairy Free

READY IN



10 min.

SERVINGS



1

CALORIES



306 kcal

BEVERAGE

DRINK

Ingredients

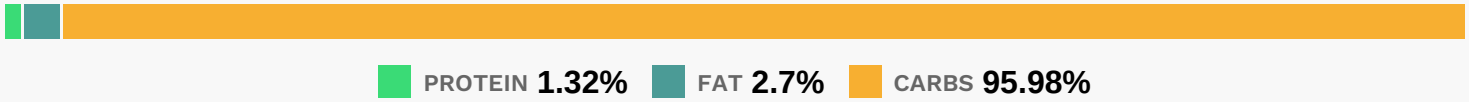
- ☐ 0.3 ounce allspice
- ☐ 0.3 ounce cherries
- ☐ 0.5 ounce honey
- ☐ 1.5 ounces honey
- ☐ 0.8 ounce juice of lemon fresh
- ☐ 1.5 ounces scotch whiskey
- ☐ 0.5 ounce water hot

Equipment

Directions

- ☐ For the honey syrup: stir hot water into honey until honey is dissolved.
- ☐ Let cool.
- ☐ For the cocktail
- ☐ Add Scotch, lemon juice, allspice dram, and honey syrup to a cocktail shaker.
- ☐ Add ice and shake until well chilled, about 15 seconds.
- ☐ Add one large ice cube to a rocks glass. Strain cocktail into glass, top with Cherry Heering, and serve.

Nutrition Facts



Properties

Glycemic Index:156.55, Glycemic Load:25.12, Inflammation Score:-3, Nutrition Score:3.0634782268949%

Flavonoids

Cyanidin: 2.14mg, Cyanidin: 2.14mg, Cyanidin: 2.14mg, Cyanidin: 2.14mg Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg Peonidin: 0.11mg, Peonidin: 0.11mg, Peonidin: 0.11mg, Peonidin: 0.11mg Catechin: 0.31mg, Catechin: 0.31mg, Catechin: 0.31mg, Catechin: 0.31mg Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg Epicatechin: 0.35mg, Epicatechin: 0.35mg, Epicatechin: 0.35mg, Epicatechin: 0.35mg Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg

Nutrients (% of daily need)

Calories: 306.46kcal (15.32%), Fat: 0.68g (1.05%), Saturated Fat: 0.19g (1.2%), Carbohydrates: 54.47g (18.16%), Net Carbohydrates: 52.62g (19.13%), Sugar: 48.04g (53.37%), Cholesterol: 0mg (0%), Sodium: 8.65mg (0.38%), Alcohol: 15.31g (100%), Alcohol %: 13.04% (100%), Protein: 0.75g (1.5%), Vitamin C: 11.79mg (14.29%), Manganese: 0.26mg (13.24%), Fiber: 1.86g (7.43%), Calcium: 52.87mg (5.29%), Iron: 0.79mg (4.39%), Potassium: 141.54mg (4.04%), Copper: 0.08mg (3.77%), Magnesium: 12.9mg (3.22%), Vitamin B6: 0.04mg (2.09%), Folate: 8.22µg (2.06%), Vitamin B2: 0.03mg (1.88%), Vitamin B3: 0.32mg (1.61%), Zinc: 0.22mg (1.48%), Phosphorus: 14.74mg (1.47%), Vitamin B1: 0.02mg (1.17%)