



Raisin-Spice Snack Cake

 Dairy Free

READY IN



45 min.

SERVINGS



15

CALORIES



251 kcal

DESSERT

Ingredients

- 3.4 ounces butterscotch pudding mix instant
- 4 eggs
- 0.8 teaspoon ground cinnamon
- 0.5 teaspoon ground cloves
- 0.8 teaspoon nutmeg
- 0.3 cup honey
- 0.8 cup pecans chopped
- 0.5 cup raisins

- 0.5 cup vegetable oil
- 0.8 cup water
- 1 package cake mix yellow (regular size)

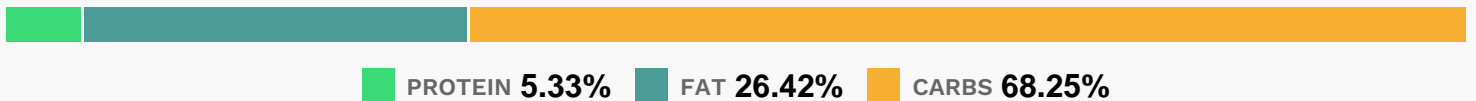
Equipment

- bowl
- oven
- wire rack
- baking pan
- toothpicks

Directions

- In a large bowl, combine the first nine ingredients. Beat on medium speed for 2 minutes. Stir in raisins.
- Pour into a greased 13-in. x 9-in. baking pan.
- Sprinkle with pecans.
- Bake at 350° for 30–35 minutes or until a toothpick inserted near the center comes out clean. Cool on a wire rack.

Nutrition Facts



Properties

Glycemic Index:13.07, Glycemic Load:4.51, Inflammation Score:-1, Nutrition Score:5.6143477921901%

Flavonoids

Cyanidin: 0.59mg, Cyanidin: 0.59mg, Cyanidin: 0.59mg, Cyanidin: 0.59mg Delphinidin: 0.4mg, Delphinidin: 0.4mg, Delphinidin: 0.4mg, Delphinidin: 0.4mg Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg Epigallocatechin: 0.31mg, Epigallocatechin: 0.31mg, Epigallocatechin: 0.31mg, Epigallocatechin: 0.31mg Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg Epigallocatechin 3-gallate: 0.13mg, Epigallocatechin 3-gallate: 0.13mg, Epigallocatechin 3-gallate: 0.13mg, Epigallocatechin 3-gallate: 0.13mg

Nutrients (% of daily need)

Calories: 250.91kcal (12.55%), Fat: 7.55g (11.61%), Saturated Fat: 1.53g (9.55%), Carbohydrates: 43.88g (14.63%), Net Carbohydrates: 42.46g (15.44%), Sugar: 24.95g (27.72%), Cholesterol: 43.65mg (14.55%), Sodium: 310.76mg (13.51%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.43g (6.85%), Manganese: 0.39mg (19.64%), Phosphorus: 149.5mg (14.95%), Vitamin B2: 0.15mg (8.96%), Calcium: 87.09mg (8.71%), Vitamin B1: 0.13mg (8.41%), Folate: 30.51µg (7.63%), Selenium: 4.98µg (7.12%), Iron: 1.23mg (6.85%), Copper: 0.12mg (6.01%), Fiber: 1.41g (5.65%), Vitamin B3: 0.93mg (4.67%), Vitamin E: 0.64mg (4.29%), Vitamin K: 4.02µg (3.83%), Vitamin B5: 0.36mg (3.59%), Zinc: 0.52mg (3.47%), Vitamin B6: 0.07mg (3.45%), Magnesium: 13.55mg (3.39%), Potassium: 100.3mg (2.87%), Vitamin B12: 0.14µg (2.31%), Vitamin D: 0.23µg (1.56%), Vitamin A: 66.92IU (1.34%)