



Raspberry Baked Brie

READY IN



60 min.

SERVINGS



12

CALORIES



147 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 slices crusty baguette french assorted
- ☐ 8 oz round of président brie
- ☐ 1 eggs beaten
- ☐ 0.3 cup raspberries fresh frozen (do not use)
- ☐ 1 tablespoon raspberry jam seedless
- ☐ 8 oz regular crescent rolls refrigerated pillsbury® canned

Equipment

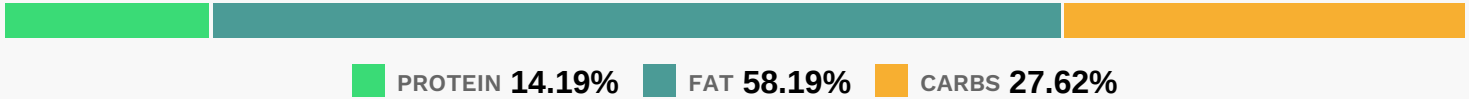
- ☐ baking sheet

☐ oven

Directions

- ☐ Heat oven to 350°F. Unroll dough; separate crosswise into 2 sections. Press each section into 6-inch square, firmly pressing perforations to seal.
- ☐ Place cheese on center of 1 dough square; top with jam and raspberries.
- ☐ With small cookie or canapé cutter, cut 1 shape from each corner of remaining dough square, 1 inch from center of square; set cutouts aside.
- ☐ Place square on top of cheese round. Press dough evenly around cheese, folding bottom edges over top edges; press to seal completely.
- ☐ Place on cookie sheet.
- ☐ Brush dough with beaten egg. Arrange dough cutouts on top; brush with egg.
- ☐ Bake 25 to 30 minutes or until golden brown.
- ☐ Remove from cookie sheet; place on serving plate. Cool 10 minutes.
- ☐ Serve warm with crackers. Store in refrigerator.

Nutrition Facts



Properties

Glycemic Index:14.98, Glycemic Load:1.56, Inflammation Score:-1, Nutrition Score:2.5682608433392%

Flavonoids

Cyanidin: 1.14mg, Cyanidin: 1.14mg, Cyanidin: 1.14mg, Cyanidin: 1.14mg Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg Delphinidin: 0.03mg, Delphinidin: 0.03mg, Delphinidin: 0.03mg, Delphinidin: 0.03mg Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 0.09mg, Epicatechin: 0.09mg, Epicatechin: 0.09mg, Epicatechin: 0.09mg Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 147.36kcal (7.37%), Fat: 9.74g (14.98%), Saturated Fat: 5.12g (32%), Carbohydrates: 10.4g (3.47%), Net Carbohydrates: 10.16g (3.7%), Sugar: 3.03g (3.37%), Cholesterol: 32.54mg (10.85%), Sodium: 289.49mg (12.59%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.34g (10.69%), Vitamin B2: 0.13mg (7.4%), Selenium: 4.36µg (6.23%), Vitamin B12: 0.34µg (5.74%), Phosphorus: 46.37mg (4.64%), Folate: 17.57µg (4.39%), Calcium: 40.59mg (4.06%), Zinc: 0.53mg (3.53%), Iron: 0.51mg (2.86%), Vitamin B6: 0.06mg (2.76%), Vitamin A: 132.51IU (2.65%), Vitamin B1: 0.03mg (2.09%), Vitamin B5: 0.21mg (2.05%), Manganese: 0.04mg (1.86%), Magnesium: 5.53mg (1.38%), Potassium: 42.15mg (1.2%), Vitamin D: 0.17µg (1.12%), Vitamin B3: 0.21mg (1.06%)