



Raspberry Basil Limoncello Cocktail

☒ Vegetarian ☒ Vegan ☒ Gluten Free ☒ Dairy Free

READY IN

ready

45 min.

SERVINGS

servings

6

CALORIES

calories

235 kcal

BEVERAGE

DRINK

Ingredients

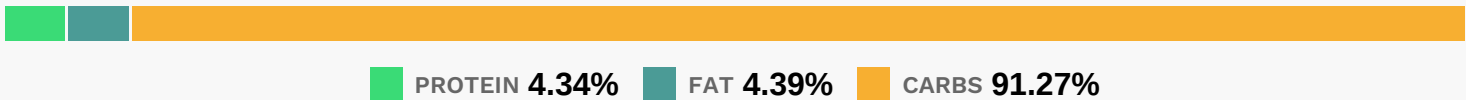
- ☐ 12 basil leaves fresh for garnish
- ☐ 6 servings ice cubes crushed
- ☐ 1 optional: lemon for garnish cut into sixths, plus wheels
- ☐ 2 ounces limoncello
- ☐ 1 pint raspberries fresh plus more for garnish
- ☐ 0.3 cup simple syrup glaze chilled more if you prefer the cocktail a little sweeter
- ☐ 6 servings sparkling rosé wine chilled
- ☐ 4 ounces citron vodka

Equipment

Directions

- ☐ Watch how to make this recipe.
- ☐ Combine the raspberries, basil, lemons and simple syrup in a small pitcher and muddle until the raspberries are mashed.
- ☐ Add the Limoncello and vodka.
- ☐ Let chill in the refrigerator for 30 minutes to allow the flavors to meld.
- ☐ Put crushed ice into rocks glasses and add some of the raspberry mixture. Fill to the top with sparkling wine.
- ☐ Garnish with lemon and raspberries and basil sprigs if desired.

Nutrition Facts



Properties

Glycemic Index:22.75, Glycemic Load:1.41, Inflammation Score:-7, Nutrition Score:7.3830434187599%

Flavonoids

Cyanidin: 36.1mg, Cyanidin: 36.1mg, Cyanidin: 36.1mg, Cyanidin: 36.1mg Petunidin: 0.24mg, Petunidin: 0.24mg, Petunidin: 0.24mg, Petunidin: 0.24mg Delphinidin: 1.04mg, Delphinidin: 1.04mg, Delphinidin: 1.04mg, Delphinidin: 1.04mg Malvidin: 0.1mg, Malvidin: 0.1mg, Malvidin: 0.1mg, Malvidin: 0.1mg Pelargonidin: 0.77mg, Pelargonidin: 0.77mg, Pelargonidin: 0.77mg, Pelargonidin: 0.77mg Peonidin: 0.09mg, Peonidin: 0.09mg, Peonidin: 0.09mg, Peonidin: 0.09mg Catechin: 1.03mg, Catechin: 1.03mg, Catechin: 1.03mg, Catechin: 1.03mg Epigallocatechin: 0.36mg, Epigallocatechin: 0.36mg, Epigallocatechin: 0.36mg, Epigallocatechin: 0.36mg Epicatechin: 2.78mg, Epicatechin: 2.78mg, Epicatechin: 2.78mg, Epicatechin: 2.78mg Epigallocatechin 3-gallate: 0.43mg, Epigallocatechin 3-gallate: 0.43mg, Epigallocatechin 3-gallate: 0.43mg, Epigallocatechin 3-gallate: 0.43mg Eriodictyol: 3.84mg, Eriodictyol: 3.84mg, Eriodictyol: 3.84mg, Eriodictyol: 3.84mg Hesperetin: 5.02mg, Hesperetin: 5.02mg, Hesperetin: 5.02mg, Hesperetin: 5.02mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg Luteolin: 0.34mg, Luteolin: 0.34mg, Luteolin: 0.34mg, Luteolin: 0.34mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 1.03mg, Quercetin: 1.03mg, Quercetin: 1.03mg, Quercetin: 1.03mg

Nutrients (% of daily need)

Calories: 234.7kcal (11.73%), Fat: 0.57g (0.88%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 26.75g (8.92%), Net Carbohydrates: 21.11g (7.68%), Sugar: 19.55g (21.72%), Cholesterol: 0mg (0%), Sodium: 19.92mg (0.87%), Alcohol: 18.82g (100%), Alcohol %: 8.25% (100%), Protein: 1.27g (2.55%), Vitamin C: 30.35mg (36.78%), Manganese: 0.54mg (27.15%), Fiber: 5.64g (22.57%), Iron: 1.78mg (9.87%), Vitamin K: 9.47µg (9.02%), Magnesium: 35.52mg (8.88%), Potassium: 285.56mg (8.16%), Folate: 20.57µg (5.14%), Copper: 0.1mg (5.09%), Phosphorus: 50.47mg (5.05%), Vitamin E: 0.72mg (4.8%), Vitamin B6: 0.09mg (4.43%), Calcium: 40.99mg (4.1%), Vitamin B1: 0.05mg (3.46%), Vitamin B2: 0.06mg (3.45%), Vitamin B3: 0.66mg (3.29%), Zinc: 0.49mg (3.29%), Vitamin B5: 0.3mg (2.95%), Vitamin A: 72.18IU (1.44%)