



Raspberry-Brie RITZ Toppers

READY IN



15 min.

SERVINGS



15

CALORIES



118 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 4 oz brie cheese cut into 24 small pieces
- 12 slices oscar mayer deli honey ham fresh halved
- 2 Tbsp planters pistachio lovers mix chopped
- 2 Tbsp raspberry preserves
- 24 ritz crackers

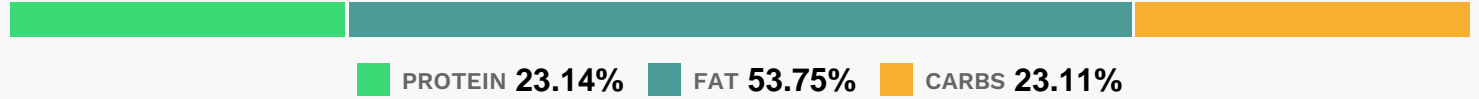
Equipment

- broiler

Directions

- Heat broiler.
- Top crackers with ham, folding as needed to fit crackers; cover with cheese.
- Broil, 4 inches from heat, 1 min. or until cheese begins to melt.
- Top with preserves and nuts.

Nutrition Facts



Properties

Glycemic Index:5.47, Glycemic Load:1, Inflammation Score:-1, Nutrition Score:3.4608695856903%

Nutrients (% of daily need)

Calories: 118.14kcal (5.91%), Fat: 6.98g (10.74%), Saturated Fat: 2.93g (18.28%), Carbohydrates: 6.75g (2.25%), Net Carbohydrates: 6.61g (2.4%), Sugar: 3.55g (3.94%), Cholesterol: 21.45mg (7.15%), Sodium: 385.03mg (16.74%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 6.76g (13.52%), Vitamin B1: 0.16mg (10.77%), Selenium: 6.47µg (9.24%), Phosphorus: 89.65mg (8.97%), Vitamin B3: 1.26mg (6.32%), Vitamin B2: 0.1mg (6.12%), Vitamin B6: 0.11mg (5.32%), Zinc: 0.73mg (4.88%), Vitamin B12: 0.27µg (4.47%), Iron: 0.46mg (2.56%), Vitamin K: 2.58µg (2.45%), Potassium: 83.56mg (2.39%), Calcium: 23.64mg (2.36%), Folate: 9.34µg (2.33%), Vitamin E: 0.27mg (1.8%), Vitamin B5: 0.17mg (1.73%), Magnesium: 6.81mg (1.7%), Manganese: 0.03mg (1.63%), Copper: 0.03mg (1.52%), Vitamin D: 0.19µg (1.3%)