



Raspberry Cordial



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



4

CALORIES



1193 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 3.5 cups brandy
- ☐ 20 ounce raspberries in syrup light frozen thawed
- ☐ 1.8 cups sugar
- ☐ 0.8 cup water

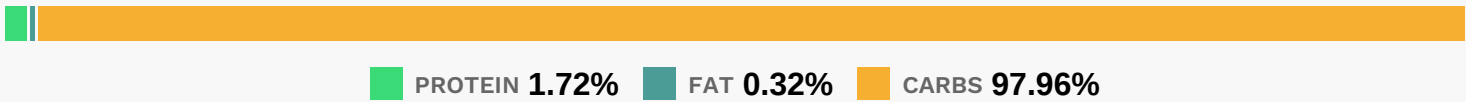
Equipment

- ☐ sauce pan
- ☐ sieve
- ☐ cheesecloth

Directions

- ☐ Combine raspberries, sugar, and water in a medium saucepan; cook mixture over medium-high heat until sugar dissolves. Bring mixture to a boil; reduce heat, and simmer 5 minutes.
- ☐ Remove mixture from heat, and let cool.
- ☐ Pour raspberry mixture into a 1-gallon jar.
- ☐ Add brandy, and stir well. Cover mixture tightly, and store in a dark place at room temperature at least 2 weeks. Shake jar gently once daily.
- ☐ Pour mixture through a wire-mesh strainer lined with 2 layers of cheesecloth into jars, discarding raspberries. Cover tightly. Store at room temperature.
- ☐ Use in beverages, trifles, or sauces.

Nutrition Facts



Properties

Glycemic Index:21.27, Glycemic Load:61.08, Inflammation Score:-5, Nutrition Score:0.88652173170577%

Nutrients (% of daily need)

Calories: 1193.35kcal (59.67%), Fat: 0.28g (0.43%), Saturated Fat: 0g (0%), Carbohydrates: 191.77g (63.92%), Net Carbohydrates: 191.77g (69.74%), Sugar: 171.69g (190.77%), Cholesterol: 0mg (0%), Sodium: 105.83mg (4.6%), Alcohol: 70.14g (100%), Alcohol %: 18.38% (100%), Protein: 3.37g (6.75%), Calcium: 96.71mg (9.67%), Copper: 0.06mg (2.87%), Manganese: 0.04mg (2.07%), Vitamin B2: 0.03mg (1.47%)