

STARTER & SNACK

Raspberry Dream Bars

2 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	36	\$0.15	83 kcal



Raspberry Dream Bars might be a good recipe to expand your hor d'oeuvre repertoire. This recipe serves 36 and costs 15 cents per serving. One portion of this dish contains approximately 2g of protein, 6g of fat, and a total of 107 calories. 21 person have tried and liked this recipe.

Ingredients

- ☐ ¼ cup melted butter
- ☐ 1 egg
- ☐ 2 cups all-purpose flour
- ☐ 1 teaspoon white sugar
- ☐ 1½ cups flaked coconut
- ☐ 2 eggs
- ☐ 2/3 cup raspberry preserves

EQUIPMENT Frying pan, Oven

Method

- 1 Cream butter and sugar.
- 2 Add egg and mix.
- 3 Add flour and blend well. Pat into a 13 x 9 inch pan.
- 4 Spread preserves evenly over the top.
- 5 Combine remaining ingredients to make the topping.
- 6 Spread evenly over the preserves.
- 7 Bake 25 minutes in a 350 degree F(175 degrees C) oven. Cool pan completely on a rack and cut into bars.

Nutrition per serving

83	1 g	4 g	11 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			3 g · 19% of daily needs
Fibre			0.8 g · 3% of daily needs
Sugar			3.5 g · 4% of daily needs
Sodium			18.8 mg · 1% of daily needs
Cholesterol			17 mg · 6% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/raspberry-dream-bars-147291