

Raspberry-Laced Vanilla Cake







DESSERT

Ingredients

4 eggs

2.7 cups flour all-purpose
3 teaspoons double-acting baking powder
0.5 teaspoon salt
O.3 teaspoon baking soda
1.5 cups butter softened
1.3 cups granulated sugar
0.7 cup milk
1.5 teaspoons vanilla

	1 cup raspberry jam seedless						
	1 cup butter softened						
	3 cups powdered sugar						
	0.5 cup raspberries for pancakes						
	0.5 teaspoon vanilla						
	1 leaves chocolate						
Eq	uipment						
	bowl						
	oven						
	hand mixer						
	toothpicks						
	serrated knife						
Di	Directions						
Ш	Heat oven to 350°F. Grease bottoms and sides of 3 (9-inch) round cake pans with shortening; lightly flour. In small bowl, mix flour, baking powder, salt and baking soda; set aside.						
	lightly flour. In small bowl, mix flour, baking powder, salt and baking soda; set aside. In large bowl, beat 11/2 cups butter and the granulated sugar with electric mixer on high speed, scraping bowl occasionally, until fluffy. On medium speed, beat in flour mixture, milk, 1						
	lightly flour. In small bowl, mix flour, baking powder, salt and baking soda; set aside. In large bowl, beat 11/2 cups butter and the granulated sugar with electric mixer on high speed, scraping bowl occasionally, until fluffy. On medium speed, beat in flour mixture, milk, 1 1/2 teaspoons vanilla and the eggs until blended. Beat 2 minutes longer.						
	lightly flour. In small bowl, mix flour, baking powder, salt and baking soda; set aside. In large bowl, beat 11/2 cups butter and the granulated sugar with electric mixer on high speed, scraping bowl occasionally, until fluffy. On medium speed, beat in flour mixture, milk, 1 1/2 teaspoons vanilla and the eggs until blended. Beat 2 minutes longer. Pour evenly into pans. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes;						
	lightly flour. In small bowl, mix flour, baking powder, salt and baking soda; set aside. In large bowl, beat 11/2 cups butter and the granulated sugar with electric mixer on high speed, scraping bowl occasionally, until fluffy. On medium speed, beat in flour mixture, milk, 1 1/2 teaspoons vanilla and the eggs until blended. Beat 2 minutes longer. Pour evenly into pans. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans to cooling racks. Cool completely, about 1 hour. In medium bowl, beat 1 cup butter and the powdered sugar on medium speed until smooth.						
	lightly flour. In small bowl, mix flour, baking powder, salt and baking soda; set aside. In large bowl, beat 11/2 cups butter and the granulated sugar with electric mixer on high speed, scraping bowl occasionally, until fluffy. On medium speed, beat in flour mixture, milk, 1 1/2 teaspoons vanilla and the eggs until blended. Beat 2 minutes longer. Pour evenly into pans. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans to cooling racks. Cool completely, about 1 hour. In medium bowl, beat 1 cup butter and the powdered sugar on medium speed until smooth. Gradually beat in liqueur and 1/2 teaspoon vanilla until smooth and spreadable. Cut each cake horizontally to make 2 layers. (Mark side of cake with toothpicks and cut with						

	Garnish with chocol	ate leaves. Stor	e loosely covered
	Garrish with Chocol	ate leaves. Stor	e loosely covered

Nutrition Facts

PROTEIN 3.03% FAT 47.73% CARBS 49.24%

Properties

Glycemic Index:24.92, Glycemic Load:30.77, Inflammation Score:-7, Nutrition Score:6.8504347244035%

Flavonoids

Cyanidin: 1.72mg, Cyanidin: 1.72mg, Cyanidin: 1.72mg, Cyanidin: 1.72mg Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.05mg, Delphinidin: 0.05mg, Delphinidin: 0.05mg, Delphinidin: 0.05mg, Delphinidin: 0.05mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg

Nutrients (% of daily need)

Calories: 563.54kcal (28.18%), Fat: 30.24g (46.52%), Saturated Fat: 6.5g (40.65%), Carbohydrates: 70.18g (23.39%), Net Carbohydrates: 69.14g (25.14%), Sugar: 48.75g (54.17%), Cholesterol: 42.14mg (14.05%), Sodium: 531.14mg (23.09%), Alcohol: 0.17g (100%), Alcohol %: 0.15% (100%), Protein: 4.32g (8.63%), Vitamin A: 1345.82IU (26.92%), Selenium: 11.3µg (16.14%), Vitamin B1: 0.18mg (12.12%), Vitamin B2: 0.21mg (12.1%), Folate: 46.78µg (11.69%), Manganese: 0.18mg (9.12%), Vitamin E: 1.29mg (8.61%), Phosphorus: 84.39mg (8.44%), Calcium: 82.18mg (8.22%), Iron: 1.4mg (7.76%), Vitamin B3: 1.29mg (6.45%), Fiber: 1.04g (4.18%), Vitamin C: 2.92mg (3.54%), Vitamin B5: 0.34mg (3.44%), Copper: 0.07mg (3.31%), Vitamin B12: 0.19µg (3.14%), Potassium: 91.49mg (2.61%), Magnesium: 10.2mg (2.55%), Zinc: 0.36mg (2.42%), Vitamin D: 0.33µg (2.21%), Vitamin B6: 0.04mg (2.19%)