



Raspberry-Orange Thumbprints

 Vegetarian

READY IN



120 min.

SERVINGS



36

CALORIES



96 kcal

DESSERT

Ingredients

- 1 cup butter softened
- 0.8 cup granulated sugar
- 1 eggs
- 1 teaspoon orange zest grated
- 0.5 teaspoon vanilla
- 2 cups flour all-purpose
- 0.5 teaspoon salt
- 1 serving powdered sugar

- 0.3 cup raspberry jam (or other favorite flavor)

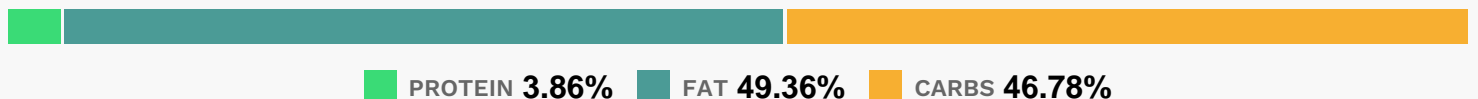
Equipment

- bowl
- baking sheet
- baking paper
- oven
- wire rack
- plastic wrap
- hand mixer
- wooden spoon

Directions

- In large bowl, beat butter with electric mixer on medium speed until creamy; add granulated sugar, beating until blended.
- Add egg, orange peel and vanilla; beat until blended. On low speed, beat in flour and salt until blended. Wrap dough in plastic wrap. Refrigerate 1 hour.
- Heat oven to 350°F. Line cookie sheet with cooking parchment paper. Shape dough into 1-inch balls. On cookie sheet, place balls 2 inches apart. Press thumb into center of each cookie to make indentation, but do not press all the way to the cookie sheet.
- Bake 12 to 15 minutes or until light golden brown. Quickly remake indentations with end of wooden spoon, if necessary. Immediately remove from cookie sheet to cooling rack; cool completely.
- Sprinkle with powdered sugar. Fill each thumbprint with about 1/4 measuring teaspoon of jam.

Nutrition Facts



Properties

Glycemic Index:6.95, Glycemic Load:7.63, Inflammation Score:-1, Nutrition Score:1.3673913090125%

Nutrients (% of daily need)

Calories: 95.92kcal (4.8%), Fat: 5.31g (8.17%), Saturated Fat: 3.29g (20.56%), Carbohydrates: 11.33g (3.78%), Net Carbohydrates: 11.11g (4.04%), Sugar: 5.55g (6.17%), Cholesterol: 18.1mg (6.03%), Sodium: 75.53mg (3.28%), Alcohol: 0.02g (100%), Alcohol %: 0.11% (100%), Protein: 0.93g (1.87%), Selenium: 2.87µg (4.1%), Vitamin B1: 0.06mg (3.72%), Folate: 13.75µg (3.44%), Vitamin A: 164.41IU (3.29%), Vitamin B2: 0.04mg (2.63%), Manganese: 0.05mg (2.45%), Vitamin B3: 0.42mg (2.08%), Iron: 0.36mg (2%), Phosphorus: 11.9mg (1.19%), Vitamin E: 0.17mg (1.11%)