

Raspberry Poinsettia Blossoms

airy Free







ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

U.8 cup butter softened
0.5 cup sugar
1 teaspoon vanilla
1 box raspberry gelatin (4-serving size
1 eggs
2 cups flour all-purpose

2 tablespoons sprinkles yellow

Equipment

	bowl	
	baking sheet	
	oven	
	knife	
	wire rack	
	hand mixer	
Directions		
	In large bowl, beat butter, sugar, vanilla, gelatin and egg with electric mixer on medium speed, or mix with spoon. On low speed, beat in flour.	
	Shape dough into 11/4-inch balls. Cover and refrigerate 1 hour.	
	Heat oven to 375°F. On ungreased cookie sheets, place balls about 2 inches apart. With sharp knife, make 6 cuts in top of each ball about three-fourths of the way through to make 6 wedges.	
	Spread wedges apart slightly to form flower petals (cookies will separate and flatten as they bake).	
	Sprinkle about 1/8 teaspoon yellow candy sprinkles into center of each cookie.	
	Bake 9 to 11 minutes or until set and edges begin to brown. Cool 2 to 3 minutes.	
	Remove from cookie sheets to cooling rack. Cool completely, about 15 minutes.	
Nutrition Facts		
	PROTEIN 5.24% FAT 43.26% CARBS 51.5%	

Properties

Glycemic Index:4.03, Glycemic Load:5.77, Inflammation Score:-2, Nutrition Score:1.3243478224815%

Nutrients (% of daily need)

Calories: 83.39kcal (4.17%), Fat: 4.03g (6.2%), Saturated Fat: 0.87g (5.41%), Carbohydrates: 10.79g (3.6%), Net Carbohydrates: 10.6g (3.86%), Sugar: 5.35g (5.94%), Cholesterol: 4.55mg (1.52%), Sodium: 57.51mg (2.5%), Alcohol: 0.04g (100%), Alcohol %: 0.26% (100%), Protein: 1.1g (2.2%), Selenium: 2.9µg (4.15%), Vitamin B1: 0.06mg (3.7%), Vitamin A: 175.76IU (3.52%), Folate: 13.4µg (3.35%), Vitamin B2: 0.04mg (2.54%), Manganese: 0.05mg (2.42%), Vitamin B3: 0.41mg (2.06%), Iron: 0.35mg (1.93%), Phosphorus: 14.34mg (1.43%), Vitamin E: 0.16mg (1.09%)