



Raspberry Salad Dressing



Vegetarian



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



5

CALORIES



75 kcal

SIDE DISH

ANTIPASTI

STARTER

SNACK

Ingredients

- ☐ 1 tablespoon honey
- ☐ 0.5 cup olive oil
- ☐ 2 tablespoons raspberry preserves
- ☐ 0.3 cup citrus champagne vinegar

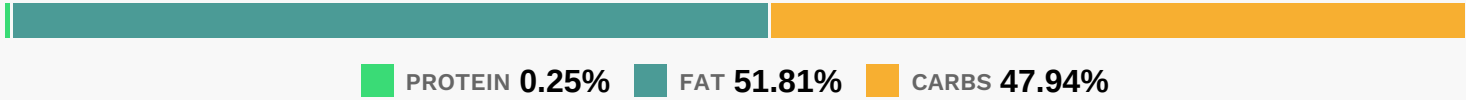
Equipment

- ☐ bowl
- ☐ whisk

Directions

- ☐ Whisk together first 3 ingredients in a bowl until blended.
- ☐ Add olive oil in a slow, steady stream, whisking constantly until blended.

Nutrition Facts



Properties

Glycemic Index:21.45, Glycemic Load:4.79, Inflammation Score:-1, Nutrition Score:0.54000000169744%

Flavonoids

Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg

Nutrients (% of daily need)

Calories: 75.47kcal (3.77%), Fat: 4.33g (6.65%), Saturated Fat: 0.6g (3.73%), Carbohydrates: 9.01g (3%), Net Carbohydrates: 8.91g (3.24%), Sugar: 7.33g (8.14%), Cholesterol: 0mg (0%), Sodium: 3.77mg (0.16%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.05g (0.09%), Vitamin E: 0.63mg (4.21%), Vitamin K: 2.6µg (2.48%)