



Red Hot Shot



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



8

CALORIES



95 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 cup cinnamon schnapps
- ☐ 8 servings hot sauce
- ☐ 2 teaspoons kosher salt
- ☐ 1 lemon wedges
- ☐ 16 cinnamon sucking candies whole divided
- ☐ 0.5 cup silver tequila

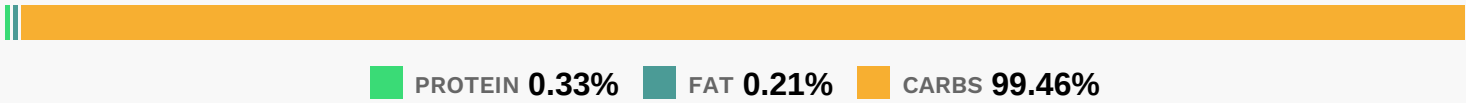
Equipment

- ☐ food processor

Directions

- ☐ Place 8 cinnamon candies in a food processor and pulse until finely ground.
- ☐ Place the cinnamon dust on a small plate and stir in the salt. Run the lemon wedge around the edge of 8 shot glasses and dip them into the cinnamon-salt mixture.
- ☐ In a cocktail shaker filled 1/2 way with ice, add the cinnamon schnapps and tequila. Shake well and pour into the prepared shot glasses. Top off with a dash of hot sauce and enjoy! Use the remaining cinnamon candies as a chaser.

Nutrition Facts



Properties

Glycemic Index:5.06, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:0.14217391124238%

Flavonoids

Eriodictyol: 0.48mg, Eriodictyol: 0.48mg, Eriodictyol: 0.48mg, Eriodictyol: 0.48mg Hesperetin: 0.63mg, Hesperetin: 0.63mg, Hesperetin: 0.63mg, Hesperetin: 0.63mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 95.31kcal (4.77%), Fat: 0.01g (0.01%), Saturated Fat: 0g (0.01%), Carbohydrates: 7.57g (2.52%), Net Carbohydrates: 7.5g (2.73%), Sugar: 7.17g (7.96%), Cholesterol: 0mg (0%), Sodium: 584.21mg (25.4%), Alcohol: 11.43g (100%), Alcohol %: 41.07% (100%), Protein: 0.03g (0.05%), Vitamin C: 1.27mg (1.54%)