



RedEye Bloody Mary

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



510 min.

SERVINGS



8

CALORIES



285 kcal

BEVERAGE

DRINK

Ingredients

- 1.3 teaspoons celery salt
- 0.5 cup cilantro leaves fresh chopped
- 1 tablespoon ground pepper black
- 0.3 cup horseradish prepared
- 0.3 cup pickled pepper juice
- 1 cup juice of lemon fresh
- 0.5 cup juice of lime fresh
- 2 teaspoons pepper sauce hot redhot® (such as Frank's)

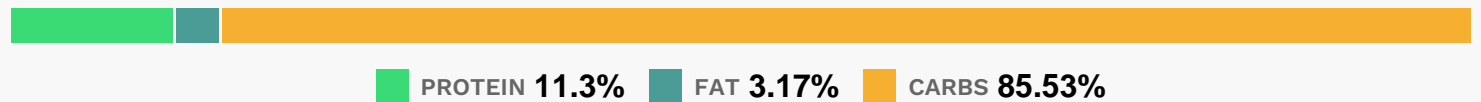
- 2.5 quarts sacramento tomato juice
- 3 cups vodka
- 0.3 cup worcestershire sauce

Equipment

Directions

- Combine the tomato juice, vodka, lemon juice, lime juice, horseradish, Worcestershire sauce, celery salt, hot pepper sauce, black pepper, and pickled pepper juice in a large pitcher; stir. Refrigerate 8 hours to overnight. Stir in cilantro just before serving.

Nutrition Facts



Properties

Glycemic Index:23.26, Glycemic Load:4.21, Inflammation Score:-9, Nutrition Score:13.404782388521%

Flavonoids

Catechin: 0.1mg, Catechin: 0.1mg, Catechin: 0.1mg, Catechin: 0.1mg Epicatechin: 0.37mg, Epicatechin: 0.37mg, Epicatechin: 0.37mg, Epicatechin: 0.37mg Eriodictyol: 1.82mg, Eriodictyol: 1.82mg, Eriodictyol: 1.82mg, Eriodictyol: 1.82mg Hesperetin: 5.77mg, Hesperetin: 5.77mg, Hesperetin: 5.77mg, Hesperetin: 5.77mg Naringenin: 0.48mg, Naringenin: 0.48mg, Naringenin: 0.48mg Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg Myricetin: 0.15mg, Myricetin: 0.15mg, Myricetin: 0.15mg, Myricetin: 0.15mg Quercetin: 4.28mg, Quercetin: 4.28mg, Quercetin: 4.28mg, Quercetin: 4.28mg

Nutrients (% of daily need)

Calories: 284.67kcal (14.23%), Fat: 0.33g (0.5%), Saturated Fat: 0.06g (0.35%), Carbohydrates: 19.82g (6.61%), Net Carbohydrates: 18.01g (6.55%), Sugar: 13.78g (15.31%), Cholesterol: 0mg (0%), Sodium: 565.01mg (24.57%), Alcohol: 30.06g (100%), Alcohol %: 8.3% (100%), Protein: 2.62g (5.24%), Vitamin C: 74.53mg (90.34%), Vitamin A: 1420.42IU (28.41%), Potassium: 838.97mg (23.97%), Folate: 72.53µg (18.13%), Vitamin B6: 0.36mg (18.01%), Manganese: 0.33mg (16.5%), Copper: 0.23mg (11.68%), Vitamin B1: 0.16mg (10.98%), Vitamin K: 11.43µg (10.88%), Vitamin B3: 2.16mg (10.78%), Iron: 1.91mg (10.63%), Magnesium: 40.7mg (10.18%), Vitamin B5: 0.83mg (8.26%), Fiber: 1.82g (7.27%), Vitamin B2: 0.12mg (7.23%), Phosphorus: 72.09mg (7.21%), Vitamin E: 1.07mg (7.12%), Calcium: 51.83mg (5.18%), Zinc: 0.57mg (3.78%), Selenium: 1.24µg (1.77%)