

Refrigerator Cookies II

 Dairy Free

READY IN



45 min.

SERVINGS



60

CALORIES



43 kcal

DESSERT

Ingredients

- 0.5 teaspoon baking soda
- 1 cup brown sugar packed
- 1 eggs
- 1.8 cups flour all-purpose
- 0.3 teaspoon salt
- 0.5 cup shortening
- 0.5 teaspoon vanilla extract

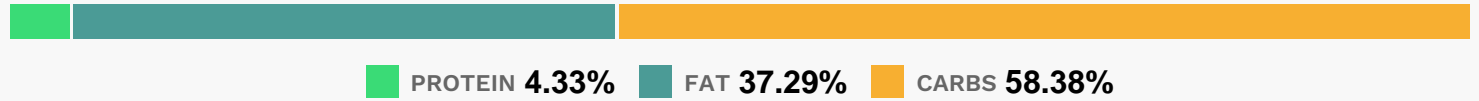
Equipment

- baking sheet
- oven
- knife

Directions

- Mix shortening, sugar, egg and vanilla thoroughly. Blend flour, soda and salt; stir in.
- Form into roll 2 1/2" across. Wrap in waxed paper. Chill until firm.
- Preheat oven to 400 degrees F (200 degrees C).
- With a thin sharp knife, slice 1/8 inch thick.
- Place a little apart on ungreased baking sheet.
- Bake 8 to 10 minutes.

Nutrition Facts



Properties

Glycemic Index:1.25, Glycemic Load:2.01, Inflammation Score:-1, Nutrition Score:0.69130435164856%

Nutrients (% of daily need)

Calories: 43.45kcal (2.17%), Fat: 1.81g (2.79%), Saturated Fat: 0.46g (2.85%), Carbohydrates: 6.39g (2.13%), Net Carbohydrates: 6.29g (2.29%), Sugar: 3.57g (3.97%), Cholesterol: 2.73mg (0.91%), Sodium: 21.02mg (0.91%), Alcohol: 0.01g (100%), Alcohol %: 0.15% (100%), Protein: 0.47g (0.95%), Selenium: 1.51µg (2.15%), Vitamin B1: 0.03mg (1.95%), Folate: 7.05µg (1.76%), Manganese: 0.03mg (1.38%), Vitamin B2: 0.02mg (1.26%), Iron: 0.21mg (1.16%), Vitamin B3: 0.22mg (1.1%)