



## Refrigerator S'mores Mini Cakes

READY IN



205 min.

SERVINGS



30

CALORIES



78 kcal

DESSERT

### Ingredients

- 0.8 cup chocolate chips dark
- 0.3 cup whipping cream
- 1 tablespoon butter
- 0.8 cup marshmallows miniature
- 0.8 cup golden beets
- 0.5 cup kellogg's® cocoa cereal
- 0.7 cup chocolate chips dark
- 0.3 cup whipping cream
- 1 tablespoon butter

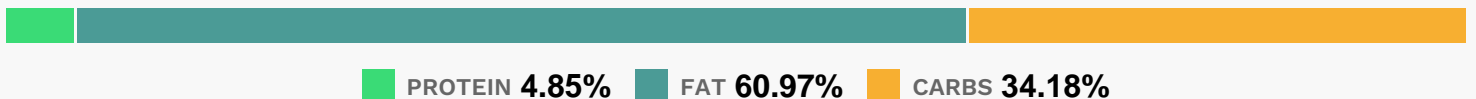
## Equipment

- bowl
- sauce pan
- spatula
- muffin liners
- butter knife

## Directions

- Place mini paper baking cup in each of 30 mini muffin cups. Spray paper cups with cooking spray. In medium bowl, place 3/4 cup chocolate chips; set aside.
- In 1-quart saucepan, heat 1/3 cup whipping cream and 1 tablespoon butter over medium heat, stirring until butter is melted and mixture begins to boil.
- Pour cream mixture over chocolate in bowl; stir until smooth.
- Add 3/4 cup marshmallows, 3/4 cup Golden Grahams cereal and 1/2 cup Cocoa Puffs cereal; gently fold until all pieces of cereal are coated.
- Spoon measuring tablespoonful mixture into each muffin cup; gently press into cups.
- In small bowl, place 2/3 cup chocolate chips. In 1-quart saucepan, heat 1/3 cup whipping cream and 1 tablespoon butter over medium heat, stirring until butter is melted and mixture begins to boil.
- Pour cream mixture over chocolate in bowl; stir until smooth.
- Spoon melted chocolate over each mini cake; smooth top with butter knife or offset metal spatula. Refrigerate 3 hours or until firm. If desired, decorate each with toasted miniature marshmallows and crushed Golden Grahams cereal.

## Nutrition Facts



## Properties

Glycemic Index:7.48, Glycemic Load:0.76, Inflammation Score:-1, Nutrition Score:1.4260869544485%

## Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

## **Nutrients (% of daily need)**

Calories: 78.31kcal (3.92%), Fat: 5.37g (8.27%), Saturated Fat: 4.17g (26.05%), Carbohydrates: 6.78g (2.26%), Net Carbohydrates: 6.33g (2.3%), Sugar: 4.23g (4.7%), Cholesterol: 8.07mg (2.69%), Sodium: 23.56mg (1.02%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.96g (1.92%), Calcium: 32.27mg (3.23%), Zinc: 0.41mg (2.73%), Vitamin A: 114.15IU (2.28%), Vitamin B2: 0.04mg (2.14%), Potassium: 71.8mg (2.05%), Folate: 7.96µg (1.99%), Fiber: 0.45g (1.81%), Phosphorus: 16.79mg (1.68%), Vitamin E: 0.21mg (1.4%), Iron: 0.25mg (1.36%), Vitamin B6: 0.03mg (1.32%), Manganese: 0.03mg (1.27%), Vitamin B1: 0.02mg (1.27%), Magnesium: 4.61mg (1.15%), Vitamin B12: 0.07µg (1.12%), Vitamin B3: 0.22mg (1.08%), Copper: 0.02mg (1.04%)