

Reindeer Spice Cookies







DESSERT

Ingredients

3 cups flour all-purpose
2 teaspoons ground cinnamon
2 teaspoons ground ginger
1 teaspoon ground cloves
0.5 teaspoon salt
0.5 teaspoon nutmeg
1 cup butter softened

1.5 cups brown sugar packed

	1 teaspoon vanilla	
	2 eggs	
	12 oz fluffy frosting white	
	2 tablespoons cinnamon candies red	
Equipment		
	bowl	
	baking sheet	
	oven	
	hand mixer	
	cookie cutter	
	ziploc bags	
	rolling pin	
Directions		
	In medium bowl, mix flour, cinnamon, ginger, cloves, salt and nutmeg; set aside. In large bowl, beat butter and brown sugar with electric mixer on medium speed until creamy. Beat in vanilla and eggs until fluffy. On low speed, beat in flour mixture.	
	Divide dough in half; flatten each half into 1/4-inch-thick round. Wrap dough rounds separately; refrigerate about 1 hour or until chilled.	
	Heat oven to 350°F. On floured cloth-covered work surface, roll half of dough at a time with floured rolling pin to 1/8-inch thickness.	
	Cut with floured 2- to 3-inch reindeer-shaped cookie cutter; place 1 inch apart on ungreased cookie sheets.	
	Bake 9 to 11 minutes or until edges are light golden brown. Cool 1 minute; remove from cookies sheets to cooling racks. Cool completely, about 30 minutes.	
	Place frosting in large resealable food-storage plastic bags. Seal bag; cut off tiny corner of bag. Squeeze bag to pipe frosting along edge of each reindeer cookie.	
	Place 1 cinnamon candy on each for nose.	

Nutrition Facts

Properties

Glycemic Index:3.22, Glycemic Load:5.11, Inflammation Score:-1, Nutrition Score:1.523043481957%

Nutrients (% of daily need)

Calories: 99.15kcal (4.96%), Fat: 4.18g (6.43%), Saturated Fat: 0.86g (5.4%), Carbohydrates: 14.66g (4.89%), Net Carbohydrates: 14.43g (5.25%), Sugar: 9.36g (10.4%), Cholesterol: 5.46mg (1.82%), Sodium: 69.36mg (3.02%), Alcohol: 0.02g (100%), Alcohol %: 0.12% (100%), Protein: 0.88g (1.77%), Manganese: 0.1mg (5.06%), Selenium: 2.68µg (3.83%), Vitamin B1: 0.05mg (3.38%), Vitamin B2: 0.06mg (3.32%), Folate: 12.71µg (3.18%), Vitamin A: 143.54IU (2.87%), Iron: 0.39mg (2.15%), Vitamin B3: 0.4mg (1.99%), Vitamin E: 0.23mg (1.52%), Phosphorus: 11.99mg (1.2%)