



Rest in Pizza

READY IN



35 min.

SERVINGS



6

CALORIES



188 kcal

SIDE DISH

Ingredients

- 2 singles kraft
- 1 small mushroom sliced
- 4 slices oscar mayer pepperoni cut in half
- 1 rising-crust four-cheese pizza frozen

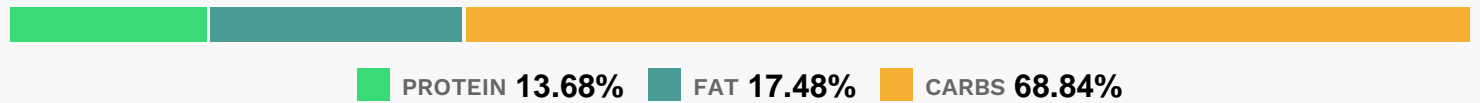
Equipment

- oven
- cookie cutter

Directions

- Preheat oven to 400F. Arrange pepperoni pieces on pizza to resemble bats and mushroom slices on pizza to resemble pumpkins.
- Bake pizza as directed on package. Meanwhile, use pumpkin-, bat- or witch's hat-shaped cookie cutters to cut shapes from Singles.
- Remove pizza from oven. Immediately top with Singles cutouts.
- Let stand 5 minutes to allow Singles to melt.

Nutrition Facts



Properties

Glycemic Index:10, Glycemic Load:0.02, Inflammation Score:1, Nutrition Score:1.1556521676805%

Nutrients (% of daily need)

Calories: 187.58kcal (9.38%), Fat: 3.62g (5.57%), Saturated Fat: 1.74g (10.86%), Carbohydrates: 32.11g (10.7%), Net Carbohydrates: 31.09g (11.31%), Sugar: 1.05g (1.17%), Cholesterol: 1.35mg (0.45%), Sodium: 375.47mg (16.32%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 6.38g (12.77%), Iron: 1.82mg (10.12%), Calcium: 62.67mg (6.27%), Fiber: 1.01g (4.06%)