



## Rhubarb Upside Down Cake II

READY IN



75 min.

SERVINGS



15

CALORIES



243 kcal

DESSERT

### Ingredients

- 2 tablespoons butter
- 2 cups marshmallows miniature
- 4 cups rhubarb diced
- 3 ounce strawberry jell-o® mix flavored
- 18.3 ounce duncan hines classic decadent cake mix white
- 1 cup sugar white

### Equipment

- frying pan

- oven
- toothpicks

## Directions

- Preheat oven to 350 degrees F (175 degrees C).
- Spread butter in the bottom of a 9x13 inch pan.
- Spread the rhubarb in an even layer on the bottom of the pan.
- Sprinkle with sugar, and then with the strawberry gelatin mix. Cover with an even layer of miniature marshmallows. Prepare the cake mix according to package instructions.
- Spread on top of marshmallows.
- Bake in the preheated oven for 40 to 50 minutes, or until a toothpick inserted into the center of the cake comes out clean. Allow to cool.

## Nutrition Facts



## Properties

Glycemic Index:12.91, Glycemic Load:12.7, Inflammation Score:-1, Nutrition Score:4.1369565072591%

## Flavonoids

Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg Epicatechin: 0.17mg, Epicatechin: 0.17mg, Epicatechin: 0.17mg, Epicatechin: 0.17mg Epicatechin 3-gallate: 0.2mg, Epicatechin 3-gallate: 0.2mg, Epicatechin 3-gallate: 0.2mg, Epicatechin 3-gallate: 0.2mg

## Nutrients (% of daily need)

Calories: 242.66kcal (12.13%), Fat: 2.91g (4.47%), Saturated Fat: 1.65g (10.34%), Carbohydrates: 53.37g (17.79%), Net Carbohydrates: 52.39g (19.05%), Sugar: 36.9g (41%), Cholesterol: 4.01mg (1.34%), Sodium: 284.22mg (12.36%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.29g (4.58%), Phosphorus: 129.77mg (12.98%), Calcium: 104.47mg (10.45%), Vitamin K: 10.59µg (10.09%), Manganese: 0.14mg (6.81%), Folate: 26.71µg (6.68%), Selenium: 3.92µg (5.59%), Vitamin B1: 0.08mg (5.45%), Vitamin B2: 0.09mg (5.3%), Vitamin B3: 0.93mg (4.64%), Iron: 0.77mg (4.3%), Fiber: 0.97g (3.89%), Potassium: 116.53mg (3.33%), Vitamin C: 2.6mg (3.15%), Vitamin E: 0.43mg (2.87%), Copper: 0.05mg (2.44%), Magnesium: 7.98mg (2%), Vitamin A: 79.83IU (1.6%), Zinc: 0.2mg (1.32%), Vitamin B5: 0.13mg (1.32%)