



Ricotta-Taleggio Ravioli with Wild Mushroom Sauce

READY IN



90 min.

SERVINGS



4

CALORIES



1512 kcal

SIDE DISH

LUNCH

MAIN COURSE

MAIN DISH

Ingredients

- ☐ 1.5 cups chicken stock see
- ☐ 3 large eggs
- ☐ 5 large eggs
- ☐ 3.8 cups flour for dusting all-purpose plus more
- ☐ 0.3 cup chives fresh chopped
- ☐ 0.3 cup parsley fresh chopped
- ☐ 3 cloves garlic smashed
- ☐ 4 servings kosher salt

- ☐ 3 tablespoons olive oil extra-virgin
- ☐ 4 servings olive oil extra-virgin for drizzling
- ☐ 0.5 cup pancetta diced
- ☐ 0.5 cup parmiggiano-reggiano cheese grated
- ☐ 0.5 cup parmigiano-reggiano cheese grated plus more for garnish
- ☐ 4 servings semolina for the baking sheet
- ☐ 2 cups sheep's milk ricotta cheese
- ☐ 1 cup shiitake sliced
- ☐ 1 cup taleggio cheese diced
- ☐ 4 tablespoons butter unsalted

Equipment

- ☐ bowl
- ☐ frying pan
- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ pot
- ☐ plastic wrap
- ☐ slotted spoon
- ☐ pastry bag
- ☐ cutting board
- ☐ skimmer

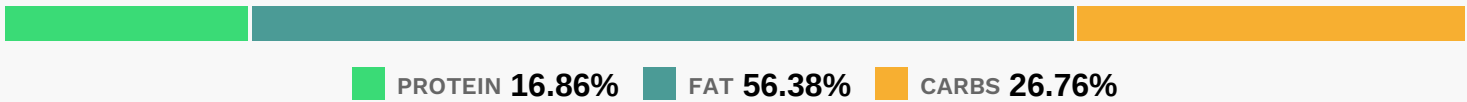
Directions

- ☐ Make the dough. Mound the flour on a large cutting board and make a wide well in the middle.
- ☐ Add the eggs and olive oil and season with salt. Beat the eggs with a fork, then use the fork to break the wall of the well and incorporate the flour into the eggs. Gather the dough into a ball; don't worry if there are lumps.

- ☐ Knead the dough. Using the heels of your hands, push the dough away from you, then fold it back over itself and push again (put your whole body into it!). Continue kneading until the dough is smooth and supple, 10 to 15 minutes. Wrap the dough in plastic wrap and let rest at least 1 hour at room temperature.
- ☐ Mix the filling.
- ☐ Mix the ricotta, taleggio, eggs, parmigiano and parsley in a bowl and season with salt.
- ☐ Transfer the filling to a large pastry bag and refrigerate.
- ☐ Roll out the dough.
- ☐ Cut the dough into four pieces. Flatten one piece slightly, then run it through the widest setting on a pasta roller twice, dusting with flour in between if it feels sticky. Fold the length of dough into thirds and run it through the roller two to three more times. Continue running the dough through the roller, reducing the width setting between each run, until you reach the second-to-last setting and the dough is about 1/16 inch thick. Repeat with the remaining pieces of dough.
- ☐ Layer half of the dough sheets between parchment paper, wrap in plastic wrap and freeze for up to 1 month (you'll only need half of the dough for the ravioli recipe).
- ☐ Assemble the ravioli.
- ☐ Place the lengths of dough on a floured surface. Lightly brush the lower half of each strip (the part closest to you) with water. Snip the corner off the pastry bag; pipe 1-inch balls of filling, 2 inches apart, onto the lower half of each strip. Fold the dough over the filling to meet the bottom edge. Press around each ball of filling with your index fingers, making sure there are no air bubbles.
- ☐ Cut out the ravioli using a 2-to-3-inch round fluted cutter.
- ☐ Transfer to a baking sheet dusted with semolina.
- ☐ Make the sauce.
- ☐ Drizzle olive oil into a large deep pan.
- ☐ Add the pancetta and garlic and place over medium-high heat. When the garlic is light brown and fragrant, discard it. When the pancetta is crisp, add the mushrooms, season with salt and saute until the mushrooms are soft and wilted, about 5 minutes.
- ☐ Pour in the chicken stock, season with salt and cook until the sauce is reduced by half.
- ☐ Add the butter and cook, shaking the pan, until the sauce thickens and looks velvety. Season with salt, if necessary.

- ☐
- Cook the ravioli. Bring a large pot of well-salted water to a boil; add the ravioli and cook 3 to 4 minutes.
- ☐
- Transfer with a skimmer or slotted spoon to the pan with the sauce. Bring the sauce to a boil, shaking the pan.
- ☐
- Sprinkle in the cheese and swirl to combine.
- ☐
- Garnish with chives and more cheese.
- ☐
- Photographs by David A. Land

Nutrition Facts



Properties

Glycemic Index:79.25, Glycemic Load:66.57, Inflammation Score:-9, Nutrition Score:46.037391455277%

Flavonoids

Apigenin: 8.1mg, Apigenin: 8.1mg, Apigenin: 8.1mg, Apigenin: 8.1mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Isorhamnetin: 0.17mg, Isorhamnetin: 0.17mg, Isorhamnetin: 0.17mg, Isorhamnetin: 0.17mg Kaempferol: 0.31mg, Kaempferol: 0.31mg, Kaempferol: 0.31mg, Kaempferol: 0.31mg Myricetin: 0.59mg, Myricetin: 0.59mg, Myricetin: 0.59mg, Myricetin: 0.59mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 1512.02kcal (75.6%), Fat: 94.47g (145.34%), Saturated Fat: 41.44g (258.99%), Carbohydrates: 100.88g (33.63%), Net Carbohydrates: 97.33g (35.39%), Sugar: 3.06g (3.4%), Cholesterol: 544.06mg (181.35%), Sodium: 1762.45mg (76.63%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 63.57g (127.14%), Selenium: 108.02µg (154.31%), Vitamin B2: 1.57mg (92.29%), Calcium: 919.12mg (91.91%), Vitamin K: 85.21µg (81.16%), Phosphorus: 794.26mg (79.43%), Vitamin B1: 1.13mg (75.63%), Folate: 297.73µg (74.43%), Vitamin A: 3050.48IU (61.01%), Vitamin B3: 10.63mg (53.16%), Iron: 8.74mg (48.57%), Manganese: 0.93mg (46.43%), Vitamin E: 5.36mg (35.72%), Zinc: 5.01mg (33.42%), Vitamin B12: 1.8µg (30.02%), Vitamin B5: 2.92mg (29.15%), Vitamin B6: 0.49mg (24.36%), Copper: 0.45mg (22.32%), Potassium: 692.99mg (19.8%), Magnesium: 75.43mg (18.86%), Vitamin D: 2.72µg (18.13%), Fiber: 3.54g (14.18%), Vitamin C: 7.32mg (8.88%)